GOOD SHEPHERD FINISHING **SCHOOL**

Good House Keeping

- Interior Decoration
- Multi-cuisine cooking
- Table setting
- Flower arrangement
- Etiquette
- Planning meals For children: For sick & aged: Parties-different kinds
- Fruit & Vegetable Carving
- Home & Family Management

Beauty & Health

- Aerobics / Physical Fitness / Yoga, Meditation
- Fashion Color Sense Appropriate dressing for various occasions
- Personal Grooming Skin & Hair Care
- Advanced Course in Beauty Therapy

Personality Development

- Transactional analysis
- Body language
- Transformation
- Self-esteem
- Communication skills
- Universal values
- Leadership qualities
- Time management
- Leadership development
- Music / Dance
- Effective Public speaking
- Awareness of global happenings
- Career guidance & Preparing for an interview

- Public Speaking / Communication
- Foreign Language French
- Computers Basics & How to use the internet effectively
- English Preparation for the IELTS Examinations (International English Language Testing Services)

Outdoor Activities

Athletics and Games like tennis, squash. basketball, swimming, driving, riding, volleyball, trekking and mountaineering.

Hobbies and Skills

- Lace making
- Embroidery
- Nail Art
- Plumbing
- Knitting
- Electrical skills Karate

Mehendi

Flower Making

Gardening / Horticulture

- Drawing / oil painting / glass painting
- Maintenance of Household appliances
- Driving & Basic automobile maintenance

On completing the course the student will be awarded a diploma from an institution that is recognized as the only one of its kind in India and at par with any finishing school in the world.

ENOUIRIES CAN BE ADDRESSED TO

THE PRINCIPAL

GOOD SHEPHERD FINISHING SCHOOL

FERNHILL P.O., OOTACAMUND - 643 004, TAMILNADU, INDIA.

Phone: 91-423-2444151 (5 Lines), 2451751 (10 Lines) Fax: 91-423-2442920; E-Mail: info@gsis.ac.in. Web: qsfs-ooty.org



AN INTRODUCTION TO

GOOD SHEPHERD **FINISHING SCHOOL**





THE BARODA PALACE CAMPUS

GOOD SHEPHERD FINISHING SCHOOL

INTRODUCTION

Nesting cozily in the lap of the majestic Nilgiri mountain range, Ooty is a picturesque little resort of breathtaking beauty. The ambience is heavenly. Surrounded on all sides by tall silver oaks, eucalyptus trees and splendid green terraced tea gardens, the air is pure and healthy. Small picture-post card cottages dot the landscape and in the lush green meadows, cattle graze peacefully. A veritable paradise on earth.

It is in this idyllic paradise that the Good Shepherd Finishing School is located. Founded by Dr. P.C. Thomas, as an extension to the Good Shepherd International School, the Finishing School is truly unique for it is the only one of its kind in the country. The atmosphere is both academic and enlightening.

The objective of this course is to increase the participant's self-confidence and self-esteem and develop basic life skills through techniques that will enhance them as individuals.

WHAT IS A FINISHING SCHOOL?

It is essentially a European concept but very much relevant in the modern Indian milieu. The woman of today is not just an extension of her male counterpart but an individual in her own right.

After an education where she learns to match her wits with her intellectual peers, she finds herself deficient in certain social graces, which will enable her to walk shoulder to shoulder with the best of people.



COOKING SESSION IN PROGRESS



WORK-OUT IN THE GYMNASIUM



A SESSION ON HAIR DRESSING

At Good Shepherd Finishing School, we equip her with those qualities, which will make her a woman of substance. Our motto is "Give us a girl and take back a lady". A Finishing School is a chrysalis out of which she will emerge a truly accomplished lady, well versed in all the social skills - ready to face and conquer the world.

UNDERSTANDING THE CURRICULUM

The academic year begins on July 28th and ends on April 20th. The term breaks in December for winter and classes will resume in January.

All students who wish to gain admission into the Finishing School must have completed the XII Standard Examination.

The curriculum is designed to equip the student in all the social graces. As a young lady ready to embark on the journey of life, she will naturally be expected to be fully accomplished in every sense of the word. Be it home making or entertaining, once she crosses the hallowed portals of Good Shepherd Finishing School, she will naturally qualify as the best.

The curriculum will include:

Home Science

- **Mother Craft**
- Health and Hygiene
- Home Nursing
- **Nutrition & Dietetics**
- First Aid
- Parenting Techniques