

THE BLEAT

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GOOD SHEPHERD INTERNATIONAL SCHOOL

Good Shepherd Knowledge Village
M. Palada Post, Ootacamund - 643 004, The Nilgiris, Tamil Nadu, India
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Shepherdians in the Footsteps of United Nations: Developing Leadership Skills



Model Special Political & Decolonization Committee session in progress



Plenary session for all General Assemblies in progress



Flag Presentation Ceremony in progress



An interactive session with Mr M Ganapathi, IFS (Retd)



Mr M Ganapathi, IFS (Retd), and his wife, Mrs Uma Ganapathi, along with the Principal, Senior Vice President, Chairman and Members of the Board of Governors of GSIS

The unique feature of Good Shepherd International School is its Model United Nations, when Shepherdians realise their dream of being part of the United Nations for a few days. During these few days, we hear the voices which are never heard and the opinions which never create any ripple. On 15th September 2016, with the bright sun smiling down on the school, the sessions of **Good Shepherd Model United Nations [GSMUN]** began. It is as if not only the sky exulted but the galaxy of stars too came down to bless the occasion.

On the very first day, with the flurry of the bugle and the pipe band, led by Mr Stuart, the eminent personality of **Mr Madhusudan Ganapathi, IFS (Retd)** and his wife, Mrs Uma Ganapathi were ushered in. A warm and cordial welcome was given to him by the Senior Vice Principal (Academics), **Mrs Sheila Alexander** and the school Head Boy, **Master Bhavesh Joshi** and the Head Girl, **Ms Yachi Sipani**.

The revered Chief Guest took the podium and a hush fell over the auditorium. Everyone was struck by his magnetic personality. He admitted that he was equally awestruck by the arrangement made in the pattern of United Nations and felt at a loss to understand whether it was actually the UN or GSIS. He discussed various issues pertaining to national and international political domains, while answering certain interesting and intriguing queries of the smart scholars of High School and Higher Secondary School.

To refresh our mood and lift our spirits we were treated with an enlivening song, 'Where is the love?' by Will-i-am, sung by the Higher Secondary School choir.



Secretary General of GSMUN 2016: Master Bhavesh Joshi



Welcome Address by Ms Sakshi Kamalia



Address by Master Eshwar Vankadari



Sir William Mark Tully addressing the delegates



Address by Master Abhyuday Surekha



Ms Amiya Chandramouli speaking to the delegates

At noon, the school Head Boy, **Master Bhavesh Joshi**, who is also the **Secretary-General** of the GSISMUN 2016, enlightened us on the events, which were to unfold in the ensuing days. This year the school resolves to have 'Recognition, Reconciliation, Restoration towards world Peace' as the theme for its Model UN. The nine Committees of GSMUN 2016 and their Heads are mentioned below:

1. Security Council - **Jefrin Moidoo**
2. Economic and Social Council (ECOSOC) - **Ishaan Chopra**



A warm welcome to Mr Satnam Jit Singh, IFS (Retd) and Mrs Rinku Singh



Model Social, Humanitarian and Cultural Committee session in progress



Model Security Council session in progress

3. General Assembly 1 (Disarmament & International Security - DISEC) - **Kevin Patrick**
4. General Assembly 2 (Economic & Financial Committee - ECOFIN) - **Pratyush Jigar Mehta**
5. General Assembly 3 (Social, Humanitarian and Cultural Committee - SOCHUM) - **S Akshay**
6. General Assembly 4 (Special Political & Decolonization Committee - SpecPol) - **Abhyuday Surekha**
7. Human Rights Council (HRC) - **Amiya Chandramouli**
8. Environmental Commission (EC) - **Sahith Reddy**
9. Youth Assembly (YA) - **Rijul Narwal**



Model Youth Assembly session in progress



General Assembly 1 (Disarmament & International Security - DISEC)



Model Economic and Social Council session in progress



Model Human Rights Council (HRC) session in progress

Each of the committees' Co-Heads came up on the dais and introduced their respective committees with apt and captivating PowerPoint presentations. Some of the committees have been continuing over the past years but some of them were newly introduced this year.

Simultaneously, the various committees carried on their sessions at different sites. Arguments raged forth and opinions seconded and refuted. Friends and foes, representing different global identities, found a platform to give voice to their minds. They introduced resolutions, some of which were passed while others were vetoed. The delegates participated in the deliberations stretching their arms in the air, cheering in excitement and elation. Rejoicing was in the air when the Shepherdians moved in the shoes of the foreign delegates. Their global awareness and the knowledge of the burning issues are highly commendable.

The second day was blessed by the eminent presence of **Sir William Mark Tully**, the Former Bureau Chief of BBC, New Delhi. His awe-inspiring personality invited many questions from the student body, which Sir very gracefully answered. A revered recipient of the prestigious Padma Shri as well as the Padma Bhushan, he was humble enough to talk about his ideologies and his authored books.

The concluding day welcomed **Mr Satnam Jit Singh, IFS (Retd)**, the Former Ambassador of India, the Former Secretary, Ministry of External Affairs, of the Government of India. His well-chequered diplomatic career, spanning 34 years was manifested in his handling questions from the Shepherdians. His magnificent exposure in the international relations was indeed an ensemble for the students to follow. Ban Ki-moon has rightly said, "As young leaders of tomorrow, you have the passion and energy and commitment to make a difference. What I'd like to really urge you do is to have a global vision. Go beyond your country; go beyond your national boundaries." Thus the children of GSIS had truly seen through the eyes of Mr Singh beyond India and beyond the national boundaries to have a global vision.



Heads and Co-Heads of the Model UN Committees along with the Secretary General

Good Shepherd International School Adjudged the Best International Residential School in India



The Founder-Principal of GSIS, Dr P C Thomas and Mrs Julie Pradeesh receiving the Best International wholly Residential School Award from Swiss Learning's Christophe Xavier Clivaz



EducationWorld's Dilip Thakore and Educomp's Shantanu Prakash with Dr Thomas. Dr P C Thomas has been conferred with the Lifetime Achievement Award by EducationWorld.

Over 800 principals, trustees, teachers and school promoters of India's top-ranked 250 day, boarding and international schools attended the **EducationWorld India School Rankings Awards (EWISRA) 2016** that was organised at the Leela Ambience, Gurgaon, on 23rd and 24th September 2016. *EducationWorld* has identified 10 new parameters of primary-secondary education excellence and its editors have resolved to acknowledge schools following these best practices. *EducationWorld* has ranked the high profile schools in India on 14 parameters such as academic reputation, faculty competence, leadership quality, sports education, etc. During the two-day awards presentation ceremony held in the ballroom of Leela Ambience Hotel, selected schools and its leaders were conferred national, state and city rankings among other awards as per the EWISR 2016 league tables.

Good Shepherd International School was named the **best international wholly residential school** in the country. It shared the top ranking with Woodstock School, Mussoorie in Uttarkhand. Both the schools scored 1321 points. While the two were equally placed in almost all parameters, GSIS had the edge in leadership / management quality, infrastructure provision, value for money and community service. GSIS is also **ranked No. 1 in the parameters of Co-curricular Education, Individual Attention to Students, Life-skills Education & Conflict Management, Pastoral Care and Infrastructure Provision**. The school offers a variety of educational experiences. The award recognises the range of diverse learning experiences provided by the school to its students.

The Founder-Principal of GSIS, **Dr P C Thomas**, has been conferred with the *Lifetime Achievement Award* with a special citation. He is also inducted into the EducationWorld Hall of Fame of Indian Education.

Kudos to the GSIS family!

Pride of the Nation Series Awards & Business Summit 2015–16



Mrs Julie Pradeesh, Vice President and Vice Principal of Good Shepherd International School, receiving the AsiaOne White Swan Award from Mr Alok Kumar Mehta, Hon. Minister, Cooperative Department, Government of Bihar

Celebrating 69 - Pride of the Nation Summit & Awards 2015 -16, was held at the **Taj Lands End Hotel, Mumbai**, on 03 September 2016. The **White Swan Awards for Excellence in Education** were distributed at this **AsiaOne Pride of the Nation: India's Greatest Brands and Leaders Summit, 2015-16**. The Summit started with a red carpet welcome to over 350 businessmen, government dignitaries, social leaders and entrepreneurs. The Summit was inaugurated by **Shri Alok Kumar Mehta**, Hon. Minister, Cooperative Department, Government of Bihar. Key note speeches were given by **Mrs Sudha Gupta**, Founder & Chairperson, Mother's Pride, Delhi and **Mr Vishal Gupta**, Managing Director at Blue Mount Appliances Pvt Ltd, Delhi.

Good Shepherd International School has been selected as **India's Most Influential Brand in Education for 2015-16** for the **AsiaOne White Swan Awards** by AsiaOne magazine. **Dr P C Thomas**, the Founder-Principal of GSIS has been selected as **India's Most Influential Leader in Education 2015-16**. **Mr Pradeesh Lawrence**, Vice President (Finance) of Good Shepherd International School and **Mrs Julie Pradeesh**, Vice President and Vice Principal of Good Shepherd International School and Good Shepherd Finishing School, received the awards. At the event, Leaders, Brands and Educationists from various spheres were recognised and honoured.



Mrs Julie Pradeesh receiving the AsiaOne White Swan Award for India's Most Influential Brand in Education for 2015-16 that was awarded to Good Shepherd International School



Mrs Julie Pradeesh receiving the AsiaOne White Swan Award for India's Most Influential Leader in Education 2015-16 that was awarded to Dr P C Thomas, Principal of GSIS

These awards were organised to identify and honour the outstanding brands and leaders in education from all over India for their towering achievements and performance better than others in the field. The awards are a tribute to the educationists and teachers who have made a difference in the field of education in India. The selection is based on a research across a sample size of 1000 schools in India, with scores from editorial members and United Research Services International. Well-known educationists from all over India participated in this summit meeting. About 120 Brands and Leader award winners were felicitated.

Congratulations to the school management, staff and students.

Foundation stone laid for the New Campus for Boys



The Principal, Senior Vice President and Members of the Academic Council at the site of the new campus for boys

Good Shepherd International School is planning to have a new Campus exclusively for the boys. The proposed new campus has indoor sports halls, an academic block, dormitories for boys, dining hall, staff residence, a gymnasium, hospital and an auditorium.

Work of the new campus to accommodate boys of Grades 7 – 12 has started in the Palada Campus. The **foundation stone laying ceremony** was held on Sunday, 23 October 2016. The Principal, **Dr P C Thomas**, Senior Vice President, **Mrs Elsamma Thomas** and **Members of the Academic Council** were present. **Reverend Father S Vincent Paul**, Priest in-charge of the Muthorai parish, said the prayers and blessed the gathering.

Special Guests at GSIS



Mr Murali Rambha, IPS

Mr Murali Rambha, IPS, the Superintendent of Police of the Nilgiris District, was the Chief Guest of the 14th Annual Inter School Athletic Festival held at the Palada Campus of Good Shepherd International School on 20 August 2016.

He holds a dual degree in Engineering and Law. He has a strong desire to serve the public and implement correct measures and practices towards a very progressive civil community. He has encouraged and motivated business houses, private establishments and educational institutions to adopt tribal villages in the Nilgiris. He has been specially commended by the state government for his proactive, positive outlook and initiatives. He hails from Vizianagaram district in Andhra Pradesh.



His Excellency Mr Hyun Cho

His Excellency Mr Hyun Cho, Ambassador of the Republic of South Korea to India, along with his wife, Mrs Jeeyoon Cho, visited Good Shepherd International School on Friday, 15 July 2016.

South Korea is keen on strengthening bilateral relations with India. India and South Korea have embraced each other through a shared culture and history, and the Ambassador is trying to strengthen this camaraderie. The school warmly hosted the Ambassador and his wife and they were escorted on a guided tour of the campus to show the facilities available in the school.



Mrs Krongkanit Rakcharoen

Thai Consul-General, Mrs. Krongkanit Rakcharoen and Consul, Mr Sudchai Rujithanawat, Royal Thai Consulate, Chennai, visited Good Shepherd International School on Saturday, 10 September 2016.

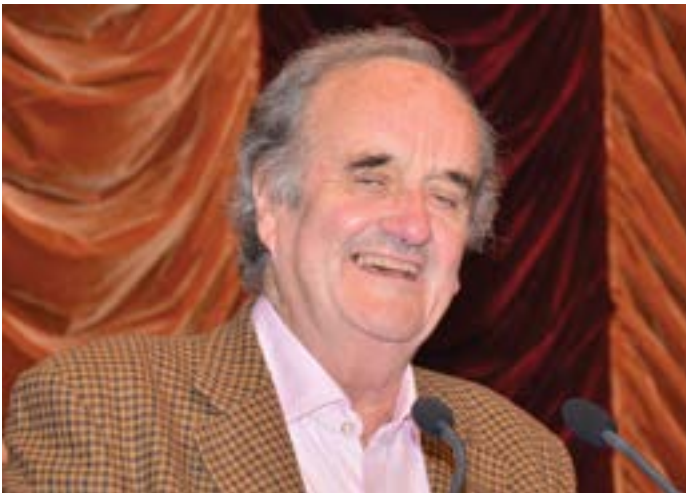
They met the Thai students studying at GSIS. They interacted with all the 13 Thai students and enquired about their welfare and well-being. Later, they had lunch with the Principal, Senior Vice President, Members of the Academic Council and the Thai students.



Mr Madhusudan Ganapathi, IFS (Retd)

Mr Madhusudan Ganapathi, IFS (Retd), is a former Indian diplomat. He completed his Masters (MSc) in Chemistry from Presidency College, Madras University in 1974. He joined the Indian Foreign Service in 1975. He is the former Ambassador of India and former Secretary, Ministry of External Affairs, Government of India. In the course of his diplomatic career, he has held a wide range of overseas assignments in Moscow, Sofia, Singapore, London and Belgrade.

Mr Ganapathi was the Chief Guest at the Opening Ceremony of the Good Shepherd Model United Nations organised in the Palada Campus auditorium on 15 September 2016. Mr Ganapathi was accompanied by his wife, Mrs Uma Ganapathi.



Sir William Mark Tully, KBE

Sir William Mark Tully is a renowned journalist and writer who worked with BBC for a period of 30 years before resigning in July 1994. He held the position of Chief of Bureau, BBC, Delhi for 20 years. He was educated at Twyford School, Marlborough College and Trinity Hall, Cambridge, where he studied Theology. He is patron of the British branch of *Child in Need India (CINI UK)*. Tully was made an Officer of the Order of the British Empire in 1985 and was awarded the Padma Shree in 1992. He was knighted in the New Year Honours 2002, receiving a KBE, and in 2005, he received the Padma Bhushan.

Sir William Mark Tully was the Chief Guest at the special assembly of the Good Shepherd Model United Nations organised at GSIS on Friday, 16 September 2016.



Mr Satnam Jit Singh, IFS (Retd)

Mr Satnam Jit Singh, IFS (Retd) is a Former Ambassador of India and Former Secretary, Ministry of External Affairs, Government of India. He was the Chief Guest at the Closing Ceremony of the Good Shepherd Model United Nations organised at GSIS on Saturday, 17 September 2016.

He is a career diplomat with a long and varied experience in bilateral diplomacy and international conferences. His last assignment was as the Indian Ambassador to Egypt. He retired from the Indian Foreign Service after serving the nation for nearly 40 years.



Dr Tarun Chhabra

Dr Tarun Chhabra visited GSIS on Thursday, 18 August 2016. At a special assembly held in the Palada Campus auditorium, he addressed the students on *'The Nilgiris – Indigenous Groups; Flora & Fauna.'* Later, he participated in an interactive session during which he answered questions asked by the students.

Dr Tarun is an Ooty-based dentist and an expert on Toda culture and is possibly one of the few outsiders who can speak their language fluently. He says that their culture and traditions are unique and his life has been enriched by the Todas. Like the Todas, he has turned vegetarian. The Todas consider him as one of their own. He has rich knowledge of the local flora and fauna, thanks to the Todas. He is the author of the book – *'The Toda Landscape: Explorations in Cultural Ecology.'*



Dr Sridhar Jagannathan

Dr Sridhar Jagannathan is the CTO of NEXT Future Transportation, an advanced, autonomous and scalable mass transit system. Earlier, he was the Chief Innovation Officer at Persistent Systems, and the Head of the Persistent Venture Fund for early stage technology startups. He was the Vice President of Technology Strategy and Partnerships at Intuit, responsible for technology strategy, partnerships and M&A. Prior roles include executive and technology functions at Symantec, Softbank, Adatom and Oracle.

Dr Jagannathan was the Chief Guest at a special assembly organized at GSIS on 5 August 2016. He addressed the students on *'How to live life strategically?'*



Mr T S Krishnamurthy

Mr T S Krishnamurthy is a former Indian Revenue Service officer and was the Chief Election Commissioner of India. His main assignment as Chief Election Commissioner was to oversee the 2004 elections to the Lok Sabha. He had earlier served in the Election Commission of India as a Commissioner since January 2000. He was born and brought up in Tiruchirapalli and went on to study at St Joseph's College in Bangalore.

Mr Krishnamurthy was the Chief Guest at the Founder's Day celebrations held at GSIS on 15 & 16 October 2016. After his retirement, he has been a board member of various companies and NGOs, most notably, he was the Chairman of the Bharatiya Vidya Bhavan, Chennai Kendra.



Mrs Deenaz Damania

Mrs Deenaz Damania is the Owner / Director of Synergy Consultants, a Consultancy in the field of Consumer Behaviour, Research and Brand Strategy. She is a Consultant of UNICEF, Faculty of Tata Institute of Social Sciences and Visiting Faculty of IIM, Ahmedabad. She is a trained counsellor and researcher, working with students and adults. An important goal in her life is to reach out to the youth in the Nilgiris and make their life a happy and productive experience. She conducts workshops and counselling sessions that help them to understand and empower them.

Mrs Damania was the Guest of Honour at a Formal Dinner organized at GSIS for High School and Higher Secondary School students and staff on Tuesday, 25 October 2016.



Mr Gareth Heritage

Mr Gareth Heritage, BA, MMus, PGCE, PGCert, PGDip, FLCM, is the music examiner who evaluated our music students who appeared for the TCL Practical Rock & Pop Music Examinations on 17 & 18 November 2016. He is also an experienced examiner of higher level music for the International Baccalaureate and A-Level sociology for OCR.

Mr Gareth learned to play the electric guitar whilst at school. He has a comprehensive career in music education having taught in the primary, secondary, higher / further education, adult education and lifelong learning sectors. He is a leading academic in the study of heavy metal musicology and historiography.



Mr Ganapathi Ramachandran

Mr Ganapathi Ramachandran addressed the students at a special assembly held in the Palada auditorium on Monday, 21 November 2016 and answered their questions on developments in IT.

He is the Chairman and Executive Director of Trigyn Technologies Limited, a company that is a leading player in the remote Infrastructure Management and listed on the Mumbai Stock Exchange. He is a Rotarian for the last three decades and has rich and varied experiences in the field of social service. He is currently the President-elect of the Southern India Chamber of Commerce and Industry. He has travelled on professional work extensively in South East Asia, Western Europe and USA.

A Wonderful World: The Fortieth Founder's Day Celebrations

*"The bright blessed day, the dark sacred night
And I think to myself what a wonderful world."*

- Louis Armstrong



Parents, guardians and other guests seated in the auditorium



A musical presentation



The Chief Guest being escorted to the auditorium

The **fortieth Founder's Day** of the Good Shepherd International School showed that the school has indeed come a long way: the forty years, that the school has traversed in her life, have been her march towards perfection, setting higher and higher standards of excellence revealed in every single display on both the 15th and the 16th of October 2016. The evening of the 15th began with a variety of musical numbers, from 'Zombie' to 'Freedom' all performed by our very own bands that are poised to 'electrify' the world when they leave the portals of their alma mater. The Chief Guest for the programme, the Former Chief Election Commissioner of India, **Mr T S Krishnamurthy**, was welcomed by the Bugle Call and escorted to his seat accompanied by the Fanfare '40 Years On' composed by the school's Head of Brass and Symphony, Mr Stuart Bower, dedicated to our Principal, **Dr P C Thomas** and the Senior Vice President, **Mrs Elsamma Thomas**.



The Chief Guest, Mr T S Krishnamurthy, along with the Principal



The Chief Guest, Mr T S Krishnamurthy, along with the Principal, Senior Vice President and Vice President of GSIS



The Symphony Orchestra



The Middle School Choir



Pooja Dance



The Junior School Choir

The programme commenced formally with the school choir singing the familiar School Song and the School Prayer Song. Music of totally another kind reverberated through the auditorium as the Symphony Orchestra played three numbers, *'New World Symphony'*, *'Don't Stop Me Now'*, and *'The Grand March'* from Aida. *'Count on Me'* by Bruno Mars and *'Any Dream Will Do'* written by Andrew Webber and Tim Rice were sung mellifluously by the Middle School Choir.

The fact that a variety of cultures are nurtured in Good Shepherd International School was revealed when Goddess Saraswathi was praised in the form of a dance by our young dancers. This was followed by five musical presentations uniquely different from one another: at first, a Xylophone Duet, *'The Two Imps'*, followed by a Recorder Ensemble entitled *'The Entertainer'* by the Junior School, four songs *'Let's Go Fly A Kite'*, *'O Where Are You Going my Anna Marie?'* and *'Que Sera, Sera'* and *'Tomorrow'* rendered by the Junior School Choir, *'New Rag'* a piece of ragtime music played on a Xylophone and finally, the Brass instrumentalists coming together presenting the theme of *'Mr Bean'* and *'The Earl of Oxford's March'*.



The Brass Ensemble



Junior School Dance



Strings Orchestra



The Principal, Dr P C Thomas, addressing the guests



The Chief Guest, Mr T S Krishnamurthy, speaking on the occasion



Expression of Gratitude by the Vice President, Mrs Julie Pradeesh

The Junior School Dance performed by the endearing tiny tots of Grades 1, 2 and 3 was based on 'Let It Go' from the popular movie *Frozen*. Soothing and comforting music flowed from our senior string instrumentalists who played the tune, 'Palladio', a popular number.

On a serious note, **Brigadier S Suresh Kumar, VSM, (Retd.)**, Senior Vice Principal (Administration) gave a presentation on the Extension of the Palada School Campus. This was followed by a Welcome Address delivered by our **Founder-Principal, Dr P C Thomas**. This was followed by an Address by the **Chief Guest, Mr T S Krishnamurthy**. The formal Expression of Gratitude was delivered by **Mrs Julie Pradeesh**, Vice Principal and Vice President of the school. Appropriately, music resumed with the Big Band: 'Caravan', 'Skyfall' and 'Uptown Funk', played by the students with energy and gusto. A complete change of scene occurred with the next item on the programme: the colourful Classical Dance Drama, *Sri Krishna Leela*, depicting the life of the most popular incarnation of Lord Vishnu, the Preserver of the Holy Trinity. If variety is the spice of life, we saw it here in the auditorium of GSIS: the Woodwind



The Big Band of GSIS performing in the auditorium



Ms Rachel Nangrime N Sangma singing 'Skyfall', the theme song of the 2012 James Bond film of the same name



Girls dancing to the tune of 'Uptown Funk', a song recorded by British record producer Mark Ronson and American singer and songwriter Bruno Mars, for Ronson's studio album, 'Uptown Special'



Students performing Sri Krishna Leela, a Classical Dance Drama



Students performing Zorba Dance

Ensemble and the Zorba Dance followed one after another; the more modern 'Hedwig's Theme' and 'Satin Doll' played on the Woodwind was followed by the traditional Greek dance, a mixture of a slow and a fast pace.

Our Magic group performed 'The Cups' rendering 'When I am gone' accompanied by the melodious rhythm of cups. Keeping to the tradition that has been developed for the past four years, the students of the Junior Campus presented the



Woodwind Ensemble



Students performing 'Magic Cups,' a song presentation



Light and Dark presentation



The Senior Choir singing the School Anthem



Dinner for parents, guardians and other guests in the school dining hall



The Chief Guest, Mr T S Krishnamurthy, along with the Principal and Senior Vice President of GSIS

'Hand Mime' accompanied by 'Who Knows What Miracles' sung by Mariah Carey and Whitney Houston. The programme of 15th October came to an end with four songs sung by the Senior Choir of the school: 'XIX' by Slipknot, 'Burn' by Ellie Goulding, 'Empty Walls' by Serj Tankian and 'Sing' written by Gary Barlow and composed by Andrew Lloyd Webber, centered on the messages of self-belief, encouragement, commiseration and togetherness. The School Anthem sung by the Senior Choir marked the end of the show for the day and all rose to enjoy the sumptuous dinner served in the dining hall.



Students assembled on the ground



Inspection of the Guard of Honour



The Equestrian Contingent



The Flag Contingent



Band display

As it has been for the past thirty-nine years, a bright clear sky welcomed all for the outdoor programme. After the Bugle Call welcomed the **Chief Guest, Mr T S Krishnamurthy**, he was given the General Salute, and a Guard of Honour was presented to him. This was followed by the traditional March Past accompanied by tunes like *'Bhupal'*, *'Young India'* and so on. The Band Display including the formation *'GSIS @ 40'* was highly symbolic representing *'Strength in Unity'* and *'Lamp of Light'*. There were songs galore played both on the Brass Band and on the Pipe Band instruments.

The skills imbibed by our students were showcased on the stadium one after another. All the students of the Junior Campus came together dancing to *'The Time of Our Lives'* and to a Spanish number. This was followed by the display of the mountaineering skills and gymnastics by the senior students. The Indian Music ensemble comprised a combination of vocals, the playing of wind, string and percussion instruments. The Equestrian Display provided the audience with a visual treat. The playing of the djembe created a unique atmosphere this time: it depicted a combination of Latin American, Brazilian and African influences creating a heady tune.



The Drummers' Call



Students of Fernhill Campus dancing to the tunes of songs



Students displaying their rappelling skills



A student displaying his Gymnastics skills

After all the dance and musical display, the **Founder-Principal, Dr P C Principal**, delivered the Welcome Address. The formal inauguration of the Indoor Rifle Shooting Range was followed by the accolades that the school and our Principal had received: the school's **First Position among the International Residential Schools of India**, the **Lifetime Achievement in Education Leadership Award** conferred on our Principal and the **Platinum Rating** given by the **Indian Green Building Council (IGBC)**.



Old Shepherdians meeting the Principal



Indian Music Ensemble



Equestrian show jumping

The long-awaited Prize Distribution was soon underway. The recipients of the Elsamma Thomas Gold Medal shared the pride that the Grade XI recipients of the school's scholarship experienced. The final set of prizes distributed were the trophies for excellence in Academics and Co-curricular Activities at school amongst the four houses of the school. The Summerians gave a shout of joy when they heard the names of Autumn, Winter and Spring for the last three places: their hard work had paid off and they were the **winner of the Cock House**.

The Chief Guest, **Mr T S Krishnamurthy**, Former Chief Election Commissioner of India, gave his Note of Appreciation. He appreciated the performance of every single child and the Principal himself for the visionary that he is. Needless to say, **Mrs Elsamma Thomas**, the Senior Vice President, not only thanked the Chief Guest and the other dignitaries, but she also praised everyone for the hard work that each had put in. Finally, the members of the School Brass Band played the National Anthem to mark the end of the celebrations and pay homage to our country that is the birthplace of such a wonderful institution as ours.



Students performing Djembe drumming



The Chief Guest, Mr T S Krishnamurthy, along with the Principal and the Senior Vice President of GSIS



The Chief Guest presenting the Lifetime Achievement in Education Leadership 2016 Award to the Principal, Dr P C Thomas



The Chief Guest presenting the Elsamma Thomas Gold Medal to Ms Drishti Dochania, topper of the ISC Commerce Group in the Board Examination 2016



Prize distribution



Prize distribution



Words of Appreciation by the Chief Guest, Mr T S Krishnamurthy



Parents, guardians and other guests seated in the pavilion

A Warm Welcoming First Day



Self-introduction by new academic & co-curricular teachers



Members of the staff attending the programme

The day ushered in a host of scholars under the warm portals of the school's auditorium, where round tables were placed for all, drawing into the warm circle of the school. The Principal, **Dr P C Thomas**, with his graceful wife and Senior Vice President, **Mrs Elsamma Thomas**, walked in and an expectant hush fell all over. The day began with a moment's silence for the departed soul of **Mr B J Chacko**, Chairman-Emeritus, Board of Governors of our institution, who passed away on 10th July, 2016. Thereafter, the new members of the teaching and non-teaching staff introduced themselves to the august gathering.



A view of the participants



Welcome Address: The Principal Dr P C Thomas



Mrs Sheila Alexander, Senior Vice Principal (Academics)

The Principal, **Dr P C Thomas**, greeted everyone old and new to a brand new academic session. He expressed his heartfelt thanks to the staff for the fruition of IGBC Green Platinum rating from the Indian Green Building Council. He welcomed the new members urging them to choose good friends so that their stay in Good Shepherd is a long and fruitful one. **Mrs Sheila Alexander**, the Senior Vice Principal (Academics) with an enlightening presentation made the facilitators feel 'Special'. Using the acronym 'SPECIAL', she rendered a special meaning to the word by spelling out the essence of a good teacher -Selfless service, Patience, Enthusiasm, Care, Integrity, Awareness and Love. She was followed by **Brigadier Suresh Kumar (retd)**, the Vice Principal (Administration), who gave an insight into the GSIS vision and mission from the time of inception to the future map of glory. He urged each one to get inspired by the encouraging example of the Founder-Principal. The successive speakers were equally encouraging. **Mrs Deepa Suresh**, Vice Principal of the Junior school, addressed the gathering on 'Touch the Future', reminding the teachers how they can mould the future of the children with love and care. The next to speak was **Mr T Suresh**, Coordinator for Curriculum and Professional Development throwing light on 'Concept-Based Learning'. **Mr Kalyan Ram**, Coordinator of High School laid emphasis on the fact that in a teacher's life 'a child' is a focal point.

The teachers were urged towards the new academic session with gusto. Thereafter, a Section Coordination meeting was held under the leadership of the respective Section Heads followed by the faculty meeting headed by the Heads of the Departments. The day concluded with an Open Forum where the members of the senior management team addressed the concerns of the teachers with a patient ear. The new office-bearers of the Staff Club were nominated too. The members of staff were enthused to take on the new term.



Brig. Suresh Kumar (Retd), Senior Vice Principal (Administration)



Staff members attending the programme



Staff members participating in fun games



An Open Forum in progress to address the concerns of the members of staff

Athletes giving it their all at the Annual Inter School Athletics Festival



Mr Murali Rambha, IPS, Superintendent of Police of the Nilgiris District, inspecting the Guard of Honour



March Past of the athletes

Good Shepherd International School has generously been hosting the **Annual Inter School Athletics Festival** every year since 2003 with the inauguration of the new athletic track and jumping and throwing areas. The meet includes schools from the Nilgiris that share the same level of enthusiasm for sports as the host. The 14th of its kind was conducted with great zeal on the 20th of August 2016. The meet brought fifteen participating schools from the region on the Palada Campus grounds.

The Chief Guest of the day was aptly the Superintendent of Police of the Nilgiris District, **Mr Murali Rambha, IPS**. He unfurled the athletic festival flag and inspected the Guard of Honour presented by the school bands and the athletes of the participating schools. The entire contingents took part in a well-synchronised March Past during which the Chief Guest took the salute from the athletes.



March Past



Mr Murali Rambha along with the Senior Vice President and the Vice Principals



Athletic Torch Run



Welcome Address by Brig. Suresh Kumar, VSM (Retd)



The Head Boy, Master Bhavesh Joshi, presenting a bouquet of flowers to Mr Murali Rambha

The March Past was followed by the Athletic Torch Run in which all the star representatives of the various schools took part. The Athletics flame was then lighted to mark the start of the games. The run stands as a symbol of one's promise of true sportsmanship. The **Senior Vice Principal (Administration), Brig. Suresh Kumar, VSM (Retd)**, delivered the welcome address. The Chief Guest's address infused the gathering with great fervour for the upcoming events. After the Meet was declared open, the School Games' Captain led the participants in the Athletic Festival Oath. The inaugural formalities rounded up with the countermarch by the participants. The following schools participated in the Athletic Festival:

1. Rex Senior Higher Secondary School
2. Riverside Public School
3. Nazareth Convent High School



Address by the Chief Guest, Mr Murali Rambha, IPS



Athletes taking the Oath

4. Oxford International School
5. Gurukulam Matriculation School
6. Crescent Castle Public School
7. Crescent Castle Matriculation School
8. Nilgiris Matriculation Higher Secondary School
9. Woodside School
10. The Lawrence School
11. Mahatma Gandhi Matriculation Higher Secondary School

- 12. Brindavan Public School
- 13. Hebron School
- 14. Good Shepherd International School
- 15. Unique Public School



Girls' sprint race in progress



Boys' sprint race in progress



Discus throw



Long jump

The many events were a simultaneous occurrence on the track and field. As the glorious day rounded up, so did the festival with a lot of prizes being carried away by the participants. Thanks to the PT teachers who took special care and motivated our students to develop their sporting skills paying attention to each student in their respective events. **Mrs Sheila Alexander, the Senior Vice Principal (Academics)**, shared her happiness and delivered the closing remarks. The National Anthem was sung after the Meet was declared closed. It was a proud day for the participating athletes.



Boys' running race in progress



Girls' running race in progress



Shot put event in progress



Winners on the podium



Winners receiving certificates



*Closing Remarks by Mrs Sheila Alexander,
Senior Vice Principal (Academics)*



Athletic contingent of GSIS at the Athletic Festival



Athletes during the Closing Ceremony

70th Independence Day Celebrations: Into That Heaven of Freedom...



Senior students assembled in the quadrangle adjacent to the co-curricular block



Mrs Sheila Alexander, Senior Vice Principal (Academics), unfurling the Indian national flag

Good Shepherd International School hailed the 15th of August with great enthusiasm once again this year. The day began with the formal gathering of the school in the Co-curricular quadrangle to salute the Indian flag. **Mrs Sheila Alexander**, the Senior Vice Principal (Academics) bore the honour of hoisting the *Tiranga*. As the flag fluttered in the crisp morning cold of Ooty, every student and teacher on the green that day were reminded of the significance of the Bhagwa, white, green and the Ashoka Chakra, the symbol of our national pride.

The assembly was invigorated by the speeches of the students, whose patriotism and vision for the future of India were noteworthy. Eva Ann Raju from grade 10 addressed the gathering, followed by Hitayu Kukatla. Patriotism ran high in each heart as the children raised their voices in praise of their country with *Vande Mataram*, followed by the junior choir with *Bharat Humko Jaan se Pyara Hai*. More patriotic songs like *Tum Samay ke Reth Par* and *Saare Jahaan se Achcha* were rendered by the school choir.

In her Independence Day address to the students, the Senior Vice Principal, Mrs Sheila Alexander asserted the need for every Indian to be conscious of their fundamental duties and not just their rights. The assembly came to an end with the expression of gratitude by Mr T Suresh.

The day held more activities for the students who gathered in the stadium to celebrate 69 years of freedom with music and dance. The students moved to the foot- tapping numbers that were choreographed by Mr Naresh Kathak from



The school choir singing patriotic songs



Eva Ann Raju, Grade 10A, addressing the students



Hitayu Kukatla, IB 1C, delivering his address



The Senior Vice Principal (Academics) delivering her Independence Day Address



Brig. Suresh Kumar (Retd), Senior Vice Principal (Administration) distributing prizes on the occasion

Mumbai. From the tiny tots of the Fernhill campus to the school seniors of grade XII, all the students were part of the dance, which included forms like *Merengue, House, Rumba, Jazz Funk and Hip-hop*. All the fun and frolic culminated in the freestyle Bollywood dance of the whole school! The patriotic fervour returned once again as the programme came to an end with A R Rehman's rendition of *Vande Mataram*. It was a day for rumination and celebration!



Dance performances of students on Independence Day

Shepherdians attend Space Camp in Alabama



The Shepherdians during their visit to the United States

Twenty-seven boys and twenty-one girls of GSIS along with four chaperones were in the United States for a fortnight-long visit. Students were full of enthusiasm and raring to get started. Members of the Rotary Club of Decatur hosted our team on 29 May 2016. They organized a Pizza lunch and ice cream party at the Methodist Church in Decatur and the students had a pleasant and interesting interaction with the Rotarians and their families.

The GSIS team attended a Space Camp held at the US Space and Rocket Centre in Alabama from 29 May to 03 June 2016. They were able to harness their natural fascination and curiosity about space. They learned about space and what astronauts normally do in space. They also got hands-on experience of a few of the activities that astronauts normally perform during space exploration. There were a number of team-building exercises, simulated mission training sessions, museum trips and adventure activities. The participants experienced different levels of pressure on their bodies, weightlessness and zero gravity during a simulation exercise at the Space Camp. There was also the Robotics Camp for children interested in engineering and Aviation Challenge for those who want to be pilots. Instructors also trained them to make rockets using cardboard, plastic and string. **Ms Citra T Pillai** of Grade 10 was the **Top Gun** in an elimination competition organized at the Space Camp. **Ms Anushree Saikia** of Grade 12 was selected as the recipient of the **Right Stuff award** as she displayed positive characteristics of the United States space explorers. **Congratulations to both of them!**

The team also visited **Busch Gardens, SeaWorld, Blizzard Beach, Islands of Adventure, Universal Studios** and **Magic Kingdom** in Florida from 04 June to 11 June 2016. Students enjoyed roller coaster rides, witnessed world-class shows, saw state-of-the-art animal habitats and participated in adventure activities in the amusement parks.

The educational programme at the Space camp promotes science, technology, engineering and mathematics, while training candidates with space related hands-on activities and missions based on teamwork, leadership and decision-making. For most of them, this was a good opportunity and a once-in-a-lifetime adventure activity to experience a taste of expedition life. They were able to experience and embrace new cultures during their travel which has made them better and wiser.



The Shepherdians attending the Pizza lunch and ice cream social in Decatur



Students at the Space Camp



The Shepherdians at the Magic Kingdom



Students at the US Space and Rocket Centre in Alabama



A parade at Universal Studios in Orlando



The Walt Disney World Resort in Florida

Children's Day Celebrated at GSIS



The Teachers' Choir singing 'Hail Good Shepherd'



A dance performance



A musical presentation

Students of GSIS celebrated **Children's Day** on Monday, 14 November 2016 with fervour. 14th of November is the birth anniversary of our legendary freedom fighter and first Prime Minister of independent India, **Pandit Jawaharlal Nehru**. This day is celebrated every year to pay tribute to all children all over the world.

During a special programme organized in the morning, the teachers put up a grand show. They entertained and enthralled the students with their performances. The Teachers' Choir sang the School Song, '*Hail Good Shepherd*', the School Prayer Song, '*The Lord's My Shepherd*' and '*Lean on Me*', an uplifting and hopeful melody by Bill Withers. They delivered speeches, recited poems, sang songs, put up dance shows, enacted skits and the audience literally burst out laughing. The programme in the auditorium ended with the choir singing the School Anthem.

A **food fiesta** soon followed which had an interesting range of hot sellers on the menu. Food, fun and entertainment were on the cards. The menu, predominantly vegetarian, did have a few non-vegetarian options. Games, live music, face painting, food and drink stalls attracted our students to the stalls that were erected on the football field. An unimaginable variety of food was available to tickle anybody's palate, and students naturally wanted a taste of everything.

We would like to thank all those who were involved in making this event a reality. The afternoon was lively, fun-filled, and a great opportunity to catch up with friends, to relax and unwind.



Students participating in fun games



Food fête: exploring the flavours of a variety of food



A carnival atmosphere: Food and Games stalls

Trip to an Orphanage



Students distributing food and clothes at the orphanage

On Sunday, 20 November 2016, a group of 27 boys of Grade 9, with their aspirations of being great Samaritans, embarked on a trip to the **Mizpah Home**. Though they had initially no clue as to how they would interact with the children, they returned with invigorating memories and plenty of experience.

Before the departure of the group from the school, they had been briefed by a small team of Grade 12 boys. To the boys' vast astonishment, they were expected to teach the children a few life lessons. Even after minutes of discussion, the boys were left with no idea as to what they would teach the children. With the burden of this responsibility on their heads, the students left the school, inquisitive to know how the day would end.

After 30 minutes of silent pondering, the students arrived at the gates of the Mizpah Home. Expecting once again, like every other visit to a charity home, a group of children unable to interact with a common language, the students entered the home.

Upon seeing the vivid excitement running across the large number of children seated in the hall, the students' spirits were raised considerably. After a minute of hesitation, the students approached the children to find them lively as well as knowledgeable. Further improving their interaction was the fact that they were able to converse in English! Conversations of sports and school spread across the entire hall. While some found amusement in playing with the youngest ones, others found great joy singing to them.

While entertainment carried on, all the students were touched by the children's courage to live without the great luxuries that the students were usually used to. Further appalling the students was the fact that the children were taken care of exceptionally well. Providing them time for recreation as well as a school to attend, the children are provided with an environment in which they promote togetherness and value the basic amenities which they are provided.

After around 20 minutes of sheer enjoyment, the students recalled their mission of teaching the children a lesson and began to rack their brains for ideas. Eventually, they had come up with a simple yet effective play focusing on the themes of equality and togetherness. After a speech on how an individual must treat those around the person with respect and amity, the children had understood the students' purpose and nodded their approval with a concluding session of the cheerful taking of photographs, the students bid farewell to the children of the Mizpah Home.

Our students regularly visit orphanages and old age homes for charity work. From this opportunity to interact with the under-privileged children of the Mizpah Homes, the students began to appreciate the magnanimous blessings and luxury they have been showered with. With minute yet significant acts of kindness, an individual can change the dreary state of this world. Kindness and magnanimity are not gifts offered to people, they are signs of the coming together of individuals – not as man or woman or different races, but rather as human beings.

- Master Sriniketh Krishnan, FM 3C

Hindi Divas: A Day to promote Hindi



Lighting the Lamp on the occasion of the Hindi Divas Celebrations



Students singing Hindi songs



A student reciting a Hindi poem



Girls presenting an Indian folk dance

Hindi as a language is used to connect and communicate with the majority of people in India. It was on the 14th of September 1949 that Hindi was adopted as the official language of the Republic of India by the Constituent Assembly of our country. Students learning Hindi in the school got together in the auditorium two days earlier on 12 September 2016 and celebrated **Hindi Divas**.

Hindi is one of the official languages of the Union of India and is the fourth-most spoken first language in the world, after Standard Mandarin Chinese, Spanish and English. Schools, colleges and various organisations celebrate on 14th of September to pay tribute to the Hindi language, raise awareness on Hindi and promote the usage of Hindi language in India. The Hindi Department of GSIS organized various events and activities like dances, recitation of Hindi poems, songs, small events and competitions to celebrate the occasion and raise its importance.

The Chief Guest for the occasion, **Brigadier Suresh Kumar, VSM (Retd)**, lighted the lamp which symbolizes knowledge and inaugurated the programme. **Aastha Dinesh Dulhani** of FM 3B delivered a speech on the importance of Hindi highlighting how Hindi language is a symbol of Indian unity. Our junior students then entertained the audience with a dance performance. Poems in the realm of comedic criticism were recited during a gathering of young poets. Manjiri Heda of FM 3A, Akshat Agarwal of 10A, Nandini Kohli of FM 4C, Yash Sharma of 10A, Aansh Rajesh Bindal of 10A, Prakash Singh of 10A, Akshat Dalmia of 10B and K Sai Vinay Kumar of 10A were the poets on the stage. Mr Sumanto Dutta also recited a poem in Hindi. Mr K Vijay Kumar presented a soulful rendition. The Chief Guest, **Brigadier Suresh Kumar**, also spoke on the occasion. The programme came to an end with the playing of the national anthem.

It was a fun-filled day of entertainment including dance performances, singing, poetry and music, honouring the Hindi language. This was an effort initiated by the Hindi Department to support and promote Hindi language.



Junior students singing Hindi songs

The Shepherdians Celebrate a pollution-free & eco-friendly Deepavali



Boys and Girls in their colourful attire during the Diwali Celebrations



Students performing on stage

The Good Shepherd community celebrated **Deepavali**, the **Festival of lights**, on Saturday, 29 October 2016 with religious fervour.

Students and staff were in their colourful attire as they exchanged Deepavali greetings and visited the local temple in the morning to offer their prayers. Students were served special Diwali sweet treats such as *Ladoo*, *Kaju Katli* and *Chole Bhature*. The afternoon also witnessed a spectacular show of a variety of colourful cultural events put up by the students. Boys and girls performed on stage in front of a large audience. They celebrated a noiseless and cracker-free festival to keep their campus clean, green and eco-friendly.

The festival signifies the victory of good over evil, dominance of knowledge over ignorance, light over darkness and hope over despair. The campus wore a festive look with lighted diyas, decorations and illuminations.

“The truth is that existence wants your life to become a festival...because when you are unhappy, you also throw unhappiness all around.”

Excellent Performance in Inter School Cricket Tournament!



Best All-rounder: Master V Sureshwar Reddy



Best Bowler: Master Yash Parin Shah



Master Nithik Chalasani receiving the Selma / Selai Gowder Memorial Rolling Trophy



Best bowling performance: Master Vaagni Kodali

Nilgiris District Cricket Association (NDCA) selected a few of our cricketers and they received special prizes on the basis of their outstanding performance in the Inter School Cricket Tournaments for the year 2015 – 2016.

In the **Under-13 Inter School Cricket Tournament** organized by The Nilgiris District Cricket Association (NDCA) starting from 16 February to 14 March 2016, GSIS edged out Riverside Public School by six wickets in the finals which was held on 14 March 2016. They won the Nilgiris District Cricket Association Under-13 Inter School Cricket Tournament for the **Selma / Selai Gowder Memorial Rolling Trophy** at the Laidlaw Memorial School grounds. **Master Nithik Chalasani**, FM 3D, received the trophy. **Master Yash Parin Shah**, FM 3C, took 10 wickets in the tournament and was adjudged the **Best Bowler of the Tournament**. **Master Vaagni Kodali**, FM 3D, received a prize for the **best bowling performance**.

Master V Sureshwar Reddy, FM 4A, has been nominated as the **Best All Rounder** in the Under-16 Inter School Cricket Tournament held for the **Azhar Hassan Memorial Rolling Trophy 2015 – 2016**. This is a special award in recognition for his fine performance in the tournament.

The special awards were distributed at the Annual Prize Distribution function held at JSS International School, Theetukul on 30 April 2016. **Well done!**



Master Vedanth Sandeep Goenka

We are also happy to inform you that **Master Vedanth Sandeep Goenka**, IB-1B, of GSIS has been nominated to receive a special award of **Best Bowler** for his fine bowling performance in the recently concluded Under-19 Inter School Cricket Tournament for the **F K Irani Rolling Trophy 2016 – 17**.

Well done!

Special Awards



Master Dwij Dipak Patel



Master Nithik Chalasani

The **Nilgiris District Cricket Association (NDCA)** has announced two special awards to the following boys who excelled in the TNCA Inter District Cricket Tournaments held at Tirunelveli, Tiruvarur and Tirupur during the months of July and August 2016:

1. **Master Dwij Dipak Patel**, FM 4D, for his All-round performance in Under-16 age group
2. **Master Nithik Chalasani**, FM 3D, for his batting performance in Under-14 age group.

The awards will be presented to them at the Annual Prize Distribution Function to be held in April 2017.

GSIS finally gets its New Cricket Ground



An aerial view of the cricket ground

A new cricket ground has been on the wish list of the school management for a long time. The ground has sprung up in the last one year at the Palada Campus of Good Shepherd International School. The new cricket ground was informally inaugurated by the **Principal Dr P C Thomas and Mrs Elsamma Thomas**, Senior Vice President and Trustee of Good Shepherd International School. Students started to play cricket on the new ground. Net practice facilities are also available.

The ground is nestled amongst the lush green hills of the Palada village with vegetable fields beyond the perimeter of the ground. It is overlooked by the stunning backdrop of exotic landscape and has a magnificent view. The air is cool up here with chirping doves, sparrows and mynas. The ground is as idyllic as it is stunning and is a beautiful place to play and watch cricket.

Azhar Hassan Memorial Rolling Trophy



Under-16 cricket team of GSIS

The Nilgiris District Cricket Association (NDCA) organized the **Under-16 Inter School Cricket Tournament** for the **Azhar Hassan Memorial Rolling Trophy** from 10 September to 14 November 2016. GSIS won the championship and the trophy.

In a keenly-contested final match held at The Laidlaw Memorial School & Junior College of St. George's Homes in the Ketti Valley on 14 November 2016, GSIS defeated Riverside Public School. Batting first, Riverside Public School were all out for 117 runs in 35 overs. GSIS also scored 117 runs and were all out in 29 overs. GSIS was declared winner of the final match by virtue of a better run-rate. Earlier, GSIS team topped in pool B in the league group stage and they defeated The Lawrence School, Lovedale, in the semi-final. Eight schools from the Nilgiris participated in the tournament. **Master Dwij Dipak Patel**, FM 4D, took 13 wickets in the tournament and was adjudged the **'Best Bowler of the Tournament.'** **Master Khushin Nilesh Patel**, FM 4D, is the **'Best All-rounder.'**

Congratulations to the winners!

Good Shepherd Rolling Trophy: Inter School Soccer Tournament 2016



The final football match in progress



Runner-up: GSIS U-19 Boys' Football Team A

The **Annual Inter School Soccer Tournament** for U-19 boys was held at the Palada Campus Open Air Stadium of Good Shepherd International School on Tuesday, 22 November 2016.

The following six teams participated in the tournament:

1. Nilgiris Matriculation Higher Secondary School
2. Crescent Castle Matriculation School
3. Hebron School
4. The Laidlaw Memorial School & Junior College, Ketti
5. Good Shepherd International School - Team A
6. Good Shepherd International School - Team B

Good Shepherd International School - Team A emerged runner-up. In the final match, the resolute Good Shepherd International School - Team A was held to a frenetic goalless draw by The Laidlaw Memorial School & Junior College at the end of the stipulated time. The Laidlaw Memorial School & Junior College proved a tough contender for the defending champions. The match was equally contested and both teams missed some golden opportunities. In the penalty shoot-out that followed, The Laidlaw Memorial School & Junior College defeated Good Shepherd International School - Team A and won the trophy. Score: 3 – 1

Our students received the following special prizes:

Best Player : **Master Pratyush Jigar Mehta, IB-2C**
Best Midfielder : **Master M Satheesh Raja, IB-2C**
Best Goalkeeper : **Master Hari Prasath Manokaran, IB-2D**

Mr Alistair R A Freese, the Acting Principal, The Laidlaw Memorial School & Junior College, Ketti, gave away the trophy, special prizes and certificates.

Congratulations!

NDBA District Level Basketball Tournament



GSIS U-19 Boys' team

The **District Level Basketball Tournament** for U-19 boys for the year 2016-2017 was held at HADP Indoor Basketball court under the aegis of Nilgiris District Basketball Association from 31 October to 02 November 2016.

The GSIS U-19 Boys' team emerged runner-up. In the final match, The Lawrence School, Lovedale, defeated GSIS. Score: 55:48



GOOD SHEPHERD FINISHING SCHOOL

Nutrition and Dietetics Competition



First position: Team comprising Ms Shailja Jalan, Ms Adhisri, Ms Priyal Bothra and Ms Sunaina Arshad

There is no love more sincere than the love for food. And the love only doubles when you can cook what you love. But then, there is a constant battle between what you can eat and what you should. Eating well the healthiest daily diet and being active are important for everyone.

As we move through the different stages of life, our nutritional needs are different. Babies, children, teenagers, adults, older people, sick people, pregnant and breastfeeding women all have different needs as our bodies need different nutrients from the food that we eat. If we eat well for our age, we can keep ourselves healthy and happy. **The Nutrition and Dietetics competition** was held on 24 September 2016. Every phase of our life is dominated by different diets and this was exactly the theme of the competition. The 3 Months' batch of GSIS students were asked to prepare and present the

following diet plans:

- Diet for Anaemia
- Diet for Diabetes, Obesity
- Diet for Diabetes, Underweight
- Brain-boosting diet
- Diet for Kidney stone
- Diet for Pregnant women- First 3 Months
- Diet for Cholesterol patient
- Low acid diet
- Detox diet

The result of the competition has been declared:

First position : Team comprising Ms Shailja Jalan, Ms Adhisri, Ms Priyal Bothra and Ms Sunaina Arshad (Diet plan – Diet for Anaemia)

Second position : Team comprising Ms Arushi Maheshwari, Ms Kanika Khandelwal and Ms Vandana Menghani (Diet plan – Diet for Diabetes, Obesity)

Third position : Team comprising Ms Shreeya, Ms Sreedevi Prakasachandran and Ms Nivi Yeptho (Diet plan – Low acid diet)

Third position : Team comprising Ms Aishani Bansal, Ms Yashika Bantia and Ms Svasti Garg (Diet plan – Detox diet)

Congratulations to the Winners!

The competition taught the students that the recipe does not have a soul but as chefs they can bring diversity, magical elements and soul to food. Everyone can cook, but the best cooks are the ones who love food.

“Your diet is a bank account. Good food choices are good investments.”

- Bethenny Frankel

GOOD SHEPHERD FINISHING SCHOOL

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Visit us @ www.gsfs.ac.in, Mail us @ infoadm@gsis.ac.in

Give us a girl and take back a lady!



REGISTRATIONS ARE OPEN

The Certifications

- Business English Certificate - BEC (Cambridge University)
- DELF A 1 - French (Government of France)
- Diploma in Fashion Design (National Institute of Fashion Technology)
- Trinity Guildhall Examination in Music (Theory), Trinity College, London, UK
- The International Award for Young People



9 Months : 29 July, 2017 to 28 April, 2018

3 Months : Session 2 : 2016-2017 : 17 January, 2017 to 17 April, 2017

Session 1 : 2017-2018 : 17 July, 2017 to 17 October, 2017

6 Weeks : 19 April, 2017 to 30 May, 2017

THE CURRICULUM

- Protocol & Social Graces
- Public Speaking
- Creative Writing
- Business English
- French
- CAD
- Fashion Design
- Food & Beverage Production and Service
- Housekeeping
- Beauty Therapy
- Fitness Training
- Yoga
- Dietetics and Nutrition
- Health & Hygiene
- Career Guidance Sessions
- Art & Craft
- Flower arrangement
- Music: Keyboard, Guitar, Violin, Piano, Vocal
- Ballroom Dance Sessions
- Event Management
- Styling Workshop & Photoshoot
- Events - Fashion Show, Cultural Programmes, Bridal Makeup Competitions
- Mountaineering
- Games: Golf, Squash, Shuttle Badminton, Lawn Tennis, Billiards
- Swimming, Horse Riding
- Social Activities



GOOD SHEPHERD INTERNATIONAL SCHOOL

Accredited to the Council of International Schools

Ootacamund - 643 004, Tamilnadu, India.

Phone : +91 423 2550371 (30 lines) Web : www.gsis.ac.in

It gives us immense pleasure and pride to announce that Good Shepherd International School has been adjudged as the 'No. 1' International Residential School in the Country by a recently concluded survey. The Survey was carried out by C fore, the well-known Delhi based market research and opinion polls agency on behalf of EducationWorld, the leading Education Magazine of India. More than a 1000 of India's most high-profile schools were surveyed during the process.

Good Shepherd International School has also been adjudged as the "BEST" International Residential School in the following additional categories.

- **Infrastructure provision & Maintenance**
- **Co-curricular activities**
- **Pastoral Care**
- **Individual attention to students**
- **Life Skill Education & conflict Management**



The only school in India with a Platinum rating by the Indian Green Building Council (IGBC)



Dr. P.C. Thomas, M.A., Ph.D.

Founder & Principal

Recipient of Lifetime Achievement Award - 2016

It is a matter of great pride for the Good Shepherd Family to announce that Dr. P. C. Thomas, The Founder and Principal of GSIS has been conferred with the "Lifetime Achievement Award" by Education World, the leading Education magazine in India.

The award speaks volumes of the vision, perseverance, and desire to succeed which has personified Dr. P. C. Thomas as one of India's leading Academicians who has relentlessly and tirelessly worked for the uplift and betterment of Education in the Country.

The last 40 years has seen the School grow from strength to strength and today, under the dynamic leadership of Dr. P. C. Thomas, the Good Shepherd International School stands No. 1 in the country as the Best International Residential School in India, truly justifying his being bestowed upon with the 'Lifetime achievement award'.