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Volume 8

Issue!

GSIS holds Annual Sports Meet

"You've only got three choices in life: Give up, Give in, or Give it all you've got."

- Patton



Dr Priyanka J Koshy presenting the Hassan Ali Khan Memorial Shield to the students of Summer House

The 2018-2019 **Annual Inter House Athletic Meet** commenced on 26th March, 2019 and culminated on 4th April, 2019. The Meet was declared open on the 26th of March by the Vice Principal (Administration), **Brigadier Suresh Kumar (VSM)**, after which several heats of track events and a few field events were held.



Students assembled on the ground







The chief guest observing the march past of students

What followed was a week of grit and determination, a show of physical prowess and giving it all that the Shepherdians had got. Attempts were made to break existing records and to set new meet records. Boys and girls, the young and the tiny tots, all vied with one another in showing their tenacity and will power.

All attempts and struggles culminated on the final day, the 4th April, 2019, the day on which the Chief Guest was our very own alumnus, **Dr Priyanka J Koshy**, a great athlete of inter-house and inter-school Athletic Meets of yesteryears, who is now a Consultant Clinical Pathologist at Madras Medical Mission Hospital, Chennai.

At 9.30 am, the Chief Guest was welcomed by a bugle call. This was followed by the March Past of the SCC contingents, the four houses, Spring, Summer, Autumn and Winter, and the platoons of the Pipe and Brass bands. The formal commencement of the Athletic Meet comprised three formal ceremonies, in keeping with the traditions of Good Shepherd International School: the torch run by champions of all the divisions culminating in the lighting of the Athletic Meet Torch, the declaration of the meet open by the Chief Guest, Dr Priyanka Koshy and the swearing of the Athletic Meet oath by the Games' Captain, Master Shamak Bin Masum.

While the athletes were warming up, all the guests seated at the pavilion were enthralled by the Drummers' Call played by the students of the Junior Campus. The 100m race for all the divisions of boys and girls took place in quick succession. The adults too were not left out of the fun and frolic: the guest event, reviving the spirit of the IPL on the athletics field, brought all the parents and well-wishers of the Shepherdians together, in a friendly competition with one another.

The final event of the Inter House Athletic Meet, long-awaited with bated breath, saw the athletes of all the four houses out-running and out-performing one another. It was the 4x100m relay of all the divisions of boys and girls which would eventually decide the winning house that would carry away the Hassan Ali Khan Memorial Trophy for the year 2018-2019. The entire stadium was filled with the reverberations of encouraging cries and cheers with students and teachers of all the four houses, going all out in their support of their houses.

When the relays came to an end, it was time for speeches. The Co-founder and the Senior Vice President of the school, **Mrs Elsamma Thomas**, delivered the Welcome Address, revealing her pride while welcoming Dr Priyanka Koshy who



March past of the Sea Cadet Corps



March past of the Winter House



The Chief Guest seen along with the Senior Vice President and Vice Presidents of GSIS



Hon'ble Deputy Chief Minister, Thiru O Panneerselvam, was a VIP guest at the event



Athletic torch relay in progress

has returned to her alma mater proving herself to be a successful and empathetic doctor. She welcomed every single person who was present for the ceremony. Dr Priyanka Koshy then addressed the gathering. Besides recalling her past, especially on the Athletics field where her coach had forced her to go beyond her comfort zone, she advised the students regarding three qualities necessary for success, the most important being setting goals that need a great deal of will and determination to be fulfilled.



Drummers' Call



Boys' 100 metres sprint in progress



Girls' 100 metres sprint in progress



Boys' relay in progress



Winners on the victory stand



Prize distribution

The Meet came to the point of the prize distribution by the Chief Guest: nobody could even guess the positions of each house as all had performed excellently on the track and fields. However, the keen contestants, Summer and Autumn, stood first and second respectively. The **Summerians** were ecstatic as they received the highly coveted **Hassan Ali Khan Memorial Shield** from the Chief Guest. On behalf of the school, the Director of Counselling, **Mrs Anila Ann Mathew**, expressed her gratitude to all who were present, especially, the Chief Guest of the day, Dr Priyanka Koshi. The Chief Guest then formally declared the Meet closed. The National Anthem led by the Brass Band was sung by all present for the closing ceremony. The Midterm Break seemed to have been well-earned by the Good Shepherd family.

Good Shepherd International School receives CIS International Re-accreditation!



GSIS - Fernhill Campus



GSIS – Palada Campus

We are happy and proud to announce that **Good Shepherd International School** was re-accredited by **Council of International Schools (CIS)** on 27 March 2019. The procedure of re-accreditation included a period of self-study and assessment, followed by a CIS evaluation visit by a team of educational professionals. CIS International Accreditation is a mark of high quality, and therefore, endorses the quality and rigour of international education provided to students of CIS-Accredited schools.

CIS is a global membership community working collaboratively to shape international education through professional services to schools, higher education institutions, and individuals. The CIS Membership community includes more than 1300 institutions of which 620 are top universities in the world and many are the best international schools around the world. These top universities recognize and value the mark of CIS International Accreditation and recruit students who pass out from CIS-Accredited schools for admission to their institutions. Accordingly, universities and colleges in the United States and around the world fully recognize and accept students' records from CIS-Accredited schools.

CIS International re-accreditation shows that the school continues to achieve high standards of professional performance in international education and has a commitment to continuous improvement. We would like to appreciate and recognize the hard work of the students, members of staff at all levels and the leadership team. Special thanks go to the Board of Governors and parents for their support and encouragement.

A Slice of Science



Dr Udita Prasad inaugurating the science exhibition



Tesla coil: producing high frequency alternating-current electricity



Students demonstrating the working of a model room heater

"Extraordinary claims require extraordinary evidence". Following the profound words of **Carl Sagan**, astronomer, astrophysicist and cosmologist, the young intuitive minds of the students of Middle School ventured into an extraordinary path of science. **National Science Day** is celebrated in India on 28 February each year to mark the discovery of the **Raman effect** by Indian physicist **Sir Chandrashekhara Venkata Raman** on 28 February 1928. The **science exhibition** by Middle School students was conducted on 26th February 2019 at GSIS to commemorate the discovery of the Raman effect by the Indian Physicist, Sir C V Raman.

The exhibition was inaugurated by **Dr Udita Prasad**, the resident medical officer in GSIS, who nurtures a fervent passion for science and has been working in the medical field for a long time. The young scientists and inquirers displayed their enthusiasm for the sciences by showcasing a plethora of scientific phenomena that included variations in the ecosystem, the green environment, conservation of water, radars, cooling jackets, models that used optical illusions, utilization of solar energy, cell models, skeleton model, automatic earthquake alarm and projects on hydraulic effect.



Students share knowledge about human torso and cell models



Kitchen chemistry experiment: exploring how detergent and surface tension are involved in the creation of a milk rainbow



Students seen explaining the working of a model volcano



A robot performing a task

The exhibition was 'coloured chemically' by the department of Chemistry with reactions and effects that piqued the curiosity of the audience. The white-clad chemists hid magic formulas up their sleeves that were strong enough to make anyone who disliked Chemistry to become an ardent lover of the subject. The ambience created by the aroma of different elements clothed the exhibition in a magical, glittering aura.

Hill sheep farming, river erosion, renewable sources of energy projects, migration, plate tectonics, and models on rural and urban lifestyles were among the main exhibits from the Department of Geography. The Department of Mathematics made their presence known through game shows that stir and challenge arithmetic skills. Following the fascination that the human race has on robots, which are believed to substitute a wide range of machinery in the immediate future, the learners of Grade 7 assembled and programmed the robots that could perform some interesting feats that left the audience in awe. This was just one among the various zealous endeavours by the Department of Physics.

The whole event illuminated and enkindled the young blooming minds and the adults alike, with a fresh ray of scientific spark that would perhaps, on a later dawn, become a luminous and empowering fire that benefits the entire humanity. Any reference to the enthusiastic event would be incomplete without the mention of dedicated people who made it possible. We thank the Coordinator of Middle School, **Mr Dominic Hurst** and all members of staff in the Department of Science, Mathematics and Geography, who have worked passionately to make this event one of its kind.

"Science is organized knowledge. Wisdom is organized life."

Immanuel Kant

Annual Inter House Swimming Championship 2019



Boys assembled on the poolside

From 22nd to 24th February, 2019, the grand GSIS **Annual Inter House Swimming Championship** was held in the campus swimming pool. The Championship was inaugurated by **Mr V Kalyan Ram**, Coordinator, High School. **Ms Shikha Kurian**, IB-1B, took the oath on behalf of the participants.

The young swimmers displayed great zest, skill and dexterity. The best swimmers of the four Houses put up a robust challenge to the opponents with tremendous vigour and vitality. Boys and girls competed in several events, involving different strokes such as breaststroke, freestyle, backstroke, butterfly and medley across a range of distances. Amidst thunderous cheers and encouragements from the onlooking students and members of staff, the champions touched the finishing line with nail-biting closeness.

In the swimming championship, the following boys and girls were declared individual champions in the different divisions:

Names of students	Class	House	Division	
Kavin Singh Charoenvorawat	FM - 1B	Summer	Inter Boys	
Teerapat Sripiboonpanich	FM - 2C	Autumn		
Parintra Sirinarang	FM - 1A	Summer	Inter Girls	
Alan George Kurian	FM - 2B	Spring	Senior Boys	
Ayushi Rajesh Panjri	9 A	Autumn	Senior Girls	
Smeet Sanjay Bhadani	IB - 1B	Winter	Super Senior Boys	
Shikha Kurian	IB - 1B	Autumn	Super Senior Girls	

Several meet records were set as mentioned in the table shown below:

			,		
Names of students	Class	House	Division	Event	Performance
Parintra Sirinarang	FM-1	Summer	Inter Boys	25m Breaststroke	23.94 sec
Kavin Singh C	FM-1	Summer	Inter Boys	25m Freestyle	14.82 sec
Ayushi Rajesh Panjri	9	Autumn	Senior Girls	25m Freestyle	17.82 sec
Smeet Sanjay Bhadani	IB-1	Winter	Super Senior Boys	50m Freestyle	29.90 sec
Kavin Singh C			Inter Boys	4x25m Freestyle Relay	1:06.78
Adhwait Pritesh Panchal	EN 4 1	C			
Manthan Atul Thakkar	FM-1	Summer			
Jay Bhutoria					
Shikha Kurian					
Aastha Dinesh Dulhani	ID 1	A	Curan Canian Cinla	Auc Ore Franchile Delevi	2.12.45
Gayatri Dinesan	IB-1	Autumn	Super Senior Girls	4x50m Freestyle Relay	3:12.45
Nitika Agarwal					



Girls assembled on the poolside: Ready to go!



Start of the boys' backstroke event



Boys' freestyle event in progress



Start of the girls' freestyle event

The boys and girls gave a fantastic performance. They performed brilliantly and showed great sportsmanship. Swimmers of Autumn House dominated in many of the events outperforming other Houses. **Autumn House** were the proud winners of the Swimming Trophy with 595 points. Summer House team finished second with 449 points.

Mr Dominic Jude Hurst, Coordinator of Middle School, Mr Kalyan Ram, Coordinator of High School and Mrs Vimala Jacob, Coordinator of Higher Secondary School, gave away the certificates and trophies to the winners. Mr Dominic Jude Hurst declared the championship closed. Well done!



Girls' backstroke event in progress



Winners on the victory stand



Winners on the victory stand



Distribution of trophy and certificate by Mr Kalyan Ram, Coordinator of High School



Distribution of trophy and certificate by Mr Ajith P Jacob, Director of Activities



Autumn House: Winners of the swimming trophy

"The man who is swimming against the stream knows the strength of it."

- Woodrow Wilson

Mounted Gymkhana



The participants at the Wellington Gymkhana Club Ground



Mounted Gymnastics team of GSIS



Mounted Gymnastics team event in progress



Equestrian vaulting: An exciting competitive team sport



Prize distribution: GSIS team with their trophies

The *Mounted Gymkhana* of Defence Services Staff College was held on Saturday, 06 April 2019 at the Wellington Gymkhana Club Ground. Our students took part in the Show Jumping and Mounted Gymnastics events.

Competitions were organized in events such as Show Jumping, Tent Pegging, Ball and Bucket race, Mounted Gymnastics and Mixed Relay Race to test the horses, the riders and their riding skills. Our Mounted Gymnastics team consisting of Master Prabhraj Singh Bhatia, IB-2D, Master Paraj Jignesh Shah, IB-1C, Master Jaysheel Dipal Desai, FM-2D and

Master Aadesh Singh Arora, 8B, displayed their riding skills and performed several gymnastic exercises on the back of the moving horse, 'Rocky Hill.' They brought laurels to the school by securing the Second Position in the Mounted Gymnastics team event. The team members received trophies. **Mr Madhusoodhanan C V,** Equestrian Instructor at GSIS, received a cash prize of Rs 5000.

Well done!

"The horse, with beauty unsurpassed, strength immeasurable and grace unlike any other, still remains humble enough to carry a man upon his back."

- Amber Senti

Love is Effortless

"Charity is a supreme virtue, and the great channel through which the mercy of God is passed onto mankind."
- Conrad Hilton





Girls of Grade 11 serving senior citizens in an Old Age Home in Ooty

27th of February 2019 was a wonderful and rewarding Wednesday for all of us, the grade 11 girls who are pursuing the International Baccalaureate Diploma course. It was on this day that we had the opportunity to visit one of the best Old Age Homes of the Nilgiris district. It was quite a surprise for us as we had not been told beforehand about this trip. Nonetheless, we were all excited.

We entered the bus with a lot of enthusiasm and excitement. The journey was a long one, which only served to heighten our enthusiasm. Once we reached the Old Age Home, we hopped out of the bus with two boxes of delicious snacks that were baked in the school. One of the sisters of the Old Age Home told us that our visit had coincided with the visit of a medical doctor. We went around the Old Age Home enjoying the greenery around us. We waited eagerly to meet the residents and in fact, most of us began to become impatient. A sister then brought us the relieving news that the doctor had completed the medical examination of some of the residents and they could spend some time with us.

With big smiles and sparkling eyes, we entered the dining hall as it was their scheduled tea time. We split into groups to chat with each of them. Each group had a member who knew Tamil and could translate the conversations. However, as we spent more time there, our feelings of excitement turned to sympathy. A few of the residents narrated their life story and each had one common theme: abandonment by their families. Most of the elders there had been abandoned, while only a few were placed there to gain better facilities than their family could afford.

We left with heavy hearts as we gained a glimpse of the cruelty of humanity. It made us all vow to always be with our family, especially during old age. We learnt the importance of family, the elders who were abandoned by their family, and for that I am forever grateful.

- Ms Bhaanavi Haresh Mirpuri, IB-1A

Inter House Dramatics Competition 2019

High School & Higher Secondary School

The Inter House Dramatics Competition for students of High School and Higher Secondary School was held on Monday, 25 March 2019. The results are as mentioned below:

Best Play : 'A Raisin in the Sun' by Lorraine Hansberry (by Spring House)

A Raisin in the Sun, a play by Lorraine Hansberry, is the story of a lower class African-American family living on the Southside of Chicago during the 1950s. The family seeks to move into a home in a white middle class neighborhood. Although a portion of a \$10,000 insurance check has been used as a down payment on the house, the remainder of the money has been given to the son of the family. In an effort to quadruple the money, the son invests the money and ends up losing all of it. Despite the fact that the family has lost the remainder of the insurance money and was told that they would not be welcome in the white neighborhood by one of the neighbors, the family decides to move forward with their plans to move into the neighborhood. As the play progresses, the family clash over their competing dreams. They are optimistic and determined to live a better life. They believe that they can succeed if they stick together as a family.









Scenes from the play, 'A Raisin in the Sun'

Second Best Play : 'My Little Flower' (an Adaptation from King Lear – William Shakespeare) (by Autumn House)

'Hayavadana' by Girish Karnad (by Summer House)

The plays were evaluated based on script editing, direction, performance, stage management and design.





Scenes from the play, 'My Little Flower'





Scenes from the play, 'Hayavadana'

Best Actor : Master Godfrey Shaunaq Gomes (Summer House), IB-1B

Best Supporting Actor:Master Aditya Nagaraj (Winter House), FM-3BBest Actress:Ms Harina Ashish Amin (Spring House), IB-1ABest Supporting Actress:Ms Shikha Kurian (Autumn House), IB-1B

Congratulations to the winners and all the participants!

Inter School Football Tournament 2019

The **Annual Inter School Football Tournament** for U-15 boys was held at the Palada Campus Open Air Stadium of Good Shepherd International School on Saturday, 16 March 2019.

The following six teams participated in the tournament:

- 1. Riverside Public School, Kotagiri
- 2. Unique Public School, Fernhill
- 3. Sathiyakaathi Global School, Kotagiri
- 4. JSS International School, Theetukal
- 5. Sathya Sai Matriculation School, Thuneri
- 6. Good Shepherd International School, M Palada





GSIS U-15 football team (Runner-up)

The U-15 football tournament in progress

It was another brilliant inter school football tournament. Every participating team put their heart and soul into the game to the pleasure of the spectators. As the final played between Good Shepherd International School and Riverside Public School ended in a goalless draw at the end of regulation time, the tie was resolved through penalty shootout. Good Shepherd International School emerged the runner-up. (Final score: 0-3).

The following students received special prizes:

Best Defender : Master Divyam Agarwal (Good Shepherd International School)

Most Promising Player
 Master S Kamalesh (Unique Public School)
 Best Striker
 Master Rudra Satvik (Riverside Public School)
 Best Midfielder
 Master Darmash Kuttan (Riverside Public School)
 Most Valuable Player
 Master Pavan (Sathya Sai Matriculation School)

Congratulations!

The **Annual Inter School Football Tournament** for U-17 boys was held at the Palada Campus Open Air Stadium of Good Shepherd International School on Sunday, 31 March 2019.

Six schools participated in the tournament:

- 1. Good Shepherd International School, M Palada
- 2. Hillfort Matriculation Higher Secondary School, Kotagiri
- 3. Unique Public School, Fernhill
- 4. Lawrence School, Lovedale
- 5. JSS International School, Theetukal
- 6. Vivekananda Memorial Matriculation School, M Palada



U-17 boys' football teams of Lawrence School and Good Shepherd International School



U-17 boys' football team of Good Shepherd International School



The final match in progress

As the final played between Good Shepherd International School and Lawrence School ended in a goalless draw at the end of regulation time, the tie was resolved through penalty shootout. Good Shepherd International School emerged the **runner-up.** (Final score: 3-4).

The following students were given special prizes for their outstanding performance in the tournament:

Best Player : Master Chirantan Kundu, IB-2C (Good Shepherd International School)

Most Promising Player : Master Thanush Kumar S (Hillfort Matriculation Higher Secondary School)

Best Striker : Master Nakshatra Tiwari (Lawrence School)
Best Midfielder : Master Aryan (JSS International School)

Most Valuable Player : Master Pranav Trehon (Good Shepherd International School)

Best Defender : Master Allen Thambi (Lawrence School)

Mr K Prabhakaran Nair, Headmaster, Lawrence School, Lovedale, and his wife, **Mrs Sudha Nair,** distributed the certificates and trophies to the winners. **Congratulations!**

"The game of life is a lot like football. You have to tackle your problems, block your fears, and score your points when you get the opportunity."

- Lewis Grizzard

Inter House Classical Dance Competition 2019

High School

Girls of High School are passionate about all the different Indian classical dance forms. The **Inter House Classical Dance Competition** for girls of High School was held in the Palada Campus auditorium of GSIS on Wednesday, 13 March 2019. Their performance highlighted the dance heritage that is a part of India's culture. The results in the various categories are mentioned below:

Grade 7: Classical Duet

Names of students	House	Position
Janani Jayanthan	Mintor	I
Ashley R S	Winter	
Shannah Sarah Jacob	Summer	II
Neha Ananthan		
Hashini Prakalya Krishnakumar	Spring	
Norah Bagchi		111





Winter House



Summer House



Spring House

Grade 8 : Classical Group Dance

Names of students	House	Position
S D Nakhshathra		
Rachel Paul	Summer	
Sai Rishi Yerramorusu	ramorusu	
Asfia Asif Thara		II
Heer Bharatbhai Hapani	Spring	
Sneha Rosalind		
Jahnvi Saxena		
Kouthavarapu Lakshmi Mythri	Winter	III
Navya Agarwal		





Summer House







Winter House

The girls participated in this event with much enthusiasm and vigour. They displayed grace, rhythm, coordination, balance and agility. The event provided an opportunity for them to express themselves, build their self-confidence and have fun. They held the audience spellbound and drew huge applause.

Congratulations to the winners!

Letter from an Old Shepherdian...

[Ms Khushi S V Mehta and Ms Prerna Baid of GSIS are recipients of Cambridge Outstanding Learner Award - Top in Country Award for the March-June 2018 IGCSE Board Examinations. Top in Country Award recognizes students who have scored highest marks in India in a Cambridge IGCSE or Cambridge International AS & A-Level subject. Ms Khushi S V Mehta and Ms Prerna Baid won the award in the subject — Global Perspectives. Ms Khushi S V Mehta received her certificate at Cambridge Outstanding Learner Awards event that was held on Saturday, 09 February 2019 at Taj Lands End Hotel in Bandra (W), Mumbai. She has written a letter to the school which is shown below.]



Ms Khushi S V Mehta receiving the 'Top in Country Award'



Ms Khushi S V Mehta seen along with Ms Ruchira Ghosh, Regional Director for South Asia, Cambridge International Examinations

"In the end, all my hard work paid off. I had never imagined being the country topper all my life and the idea was unbelievable from the start. From announcing this result to my friends and family to attending the Cambridge awards, this journey of realising my potential and valuing the importance of self-motivation and concentration has changed my life and my perspective towards education. It made me conscious of my work in the present, as every time I work towards a goal or an assignment, I constantly remind myself to do better: better than the best I could do. Additionally I believe that GSIS has helped me realise my potential and has brought out the best in me by constantly motivating me and pushing me forward to perform better. The teachers have been extremely friendly, open, genuine, motivating, and most importantly, very helpful. Paying keen attention to all my activities and behaviour, keeping me on track when I felt lost or distracted, and constantly reminding me of doing my best and being myself now makes me have immense respect and adoration towards them. I will be genuinely grateful, forever, for these years in Good Shepherd International School."

GOOD SHEPHERD FINISHING SCHOOL

Bridal Make-Up Competition



Bridal make-up competition winners in the different categories



The contestants seen along with the Principal and Dean of GSFS



As Saloni



Ms Dhara Patel



Ms Dhruti Patel



Ms Jyotsna Jain



Ms Samyukta Venkatesh

Any girl who is getting married wants to look amazing on her special day. As the bride is the centre of attention during marriage, of course, she will want to look gorgeous. Often, many girls start to look for an attractive wedding dress quite early. Girls are different and they all have their own different styles. Choosing that special wedding dress can be a daunting task. Ultimately, they will settle for a dress of their liking in which they feel good in.

The **Bridal Make-up Competition** for the 9 months' batch of girls was held in GSFS on Sunday, 31 March 2019. It was named *Kamya Vadhu*, which in Sanskrit means 'Beautiful Bride.' The core objective of the contest was to showcase the brilliant make-up art of the girl students of GSFS. The three teams of Elegance, Excellence and Emancipation showcased their creativity in three different categories - Royal Brides, Fusion Brides and International Brides. It was a competition which allowed the girls to showcase their creativity and look stunning. The girls appeared in their bridal make-ups. When the beauty was accentuated by the adornment, the appearance was breathtaking. The winners of the various categories were:

Miss Ethnic : Ms Dhara Patel

Miss Graceful : Ms Dhruti Patel

Miss Global : Ms Jyotsna Jain

Miss Elegant : Ms Samyukta Venkatesh

The winner of the show 'Kamya Vadhu': Ms Saloni

Well done!