



The Shepherd's Voice

Monthly Newsletter



GOOD SHEPHERD INTERNATIONAL SCHOOL

Good Shepherd Knowledge Village

M. Palada Post, Ootacamund - 643 004, The Nilgiris, Tamil Nadu, India

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New Prefects' Council Sworn In



Members of the new Prefects' Council

Mr Gerry Arathoon, the Chief Executive and Secretary for the Council for the Indian School Certificate Examinations was the Chief Guest of this year's **Investiture Ceremony** which was held at the Open Air Stadium of Palada Campus on Saturday, 17th February, 2018.

At 9:30 am, Mr Arathoon was accorded a Guard of Honour which added to the grandeur of the event. He inspected the contingents and bore witness to the march past by the various house contingents and the bands. The slow march



Students assembled on the ground for the parade



Inspection of the Guard of Honour



March past of the Sea Cadet Corps



March past in progress



The Head Boy and the Boys' House Captains carrying their flags during the swearing-in ceremony

by the Prefects' Council unequivocally conveyed the confidence, the determination and the fearlessness imbued in the incoming Prefects.

The choir members sang the school song and the school prayer song. **Master Ishaan Vinod Dulhani**, the outgoing Head Boy of the school, lead the group of students in a prayer. The Oath-taking ceremony was held during which the newly-elected Head Boy, Head Girl, House Captains, Vice-Captains along with other members of the Prefects' Council for the academic session 2018-2019 took the pledge to devote the best of their ability, knowledge, power, duty, discipline and effort to uphold the ethos and objectives of the school and work for its welfare. The *esprit de corps* felt by the incoming Prefects' Council was so palpable that the parents seated in the gallery appreciated their sincerity and valour with a round of applause. The badges and certificates were awarded by the Chief Guest, **Mr Gerry Arathoon** and his wife, **Mrs Anita Arathoon**.

Mrs Julie Pradeesh, Vice President and Vice Principal of the school, welcomed the Chief Guest effusively and handed over the floor to him. Mr Arathoon underscored the qualities desired in a leader and entreated the Prefects to do their duty in accordance to the Vision and Mission of their alma mater. The expression of gratitude was averred by **Mr V Kalyan Ram**, Co-ordinator of the High School. The school anthem was a fitting epilogue to a ceremony that recognizes the potential of a fresh generation of leaders who are willing to carry the name of the school forward.



Oath-taking ceremony in progress



Award of badges and certificates



The Chief Guest, Mr Gerry Arathoon and his wife, Mrs Anita Arathoon, along with Mrs Julie Pradeesh and Mr Kalyan Ram



Students, parents and guardians in the pavilion

“Do not follow where the path may lead, go instead where there is no path and leave a trail.”

– Ralph Waldo Emerson

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

– John Quincy Adams

Graduation Ceremony held at GSIS



The graduands of Grade 12



The Ceremonial March



The Chief Guest, Mr Gerry Arathoon, and his wife along with the Senior Vice Principal, HSS Co-ordinator and Graduands



Invocatory prayer by Master M C Nisarg

On Saturday, 17th of February 2018, Good Shepherd International School organized the **Graduation Ceremony** of its outgoing students of Grade 12.

The Chief Guest, **Mr Gerry Arathoon**, the Chief Executive and Secretary for the Council for the Indian School Certificate Examinations and his wife, **Mrs Anita Arathoon**, led the ceremonial march of the graduands. The ceremony started as a procession of the chief guest, his wife, Senior Vice Principal (Academics), Higher Secondary School Co-ordinator and the outgoing Grade 12 students, all in their gowns and graduation caps.

The invocatory prayer was delivered by **Master M C Nisarg** which was followed by the school song, the school prayer song and the song *"We are in this together."* **Mrs Sheila Alexander**, Senior Vice Principal (Academics) welcomed the Chief Guest and the farewell address was given by **Master Prabhraj Singh Bhatia**. He waxed lyrical about the camaraderie extended by the graduating batch towards their juniors and so humorous was his speech that it elicited chuckles from the twelfth grade students. **Ms Mahima Samir Kale**, in her reply to the farewell address, carried the baton of thanksgiving forward by identifying certain individuals who have helped her and her batchmates lead prolific lives at the school. The graduation oath is unique to our school and who is better to bring the oath to life other than the outgoing School Captain, **Master Ishaan Vinod Dulhani**? Mr Arathoon and Mrs Anita Arathoon gave graduation certificates to the students and the coveted Special Awards, respectively. The parents and the guardians of the graduating students seemed awash with pride and the jubilatory ambience pervaded the entire audience. Mr Gerry Arathoon gave the main address for the day. He reminded the students that they need to prepare themselves for all sorts of contingencies they encounter once they leave the protective portals of the Good Shepherd International School. The Higher Secondary School Co-ordinator, **Mrs Vimala Jacob**, gave the vote of thanks.

The Senior Vice President, **Mrs Elsamma Thomas** and other officials of the school lit the graduation lamp. The batch of students chose to sing *'This is Me'* which is featured in the movie called *The Greatest Showman*. The ceremony reached



The school choir



Welcome Address by the Senior Vice Principal (Academics), Mrs Sheila Alexander



Master Prabhraj Singh Bhatia delivering the Farewell Speech



Ms Mahima Samir Kale replying to the Farewell Address



Graduation Oath by Master Ishaan Vinod Dulhani



Distribution of graduation certificates

a visually aesthetic crescendo when the graduating students clasped candles in blue votive candle holders and oscillated them to and fro ever so gently as they belted out the hymn 'Pass it On' in a darkened auditorium. There were gasps of amazement from the audience and on this poignant note, the students walked down the aisle and hugged their eager parents!

The parents and guardians soon joined the graduates for a grand graduation luncheon that the school hosted in the school dining hall. It was an enjoyable experience for everyone. We consider this ceremony as a celebration of the students' academic achievement and we hope that it will become a wonderful memory that they will cherish for years to come. Our congratulations and best wishes for their continued success!



Distribution of graduation certificates



Distribution of special prizes



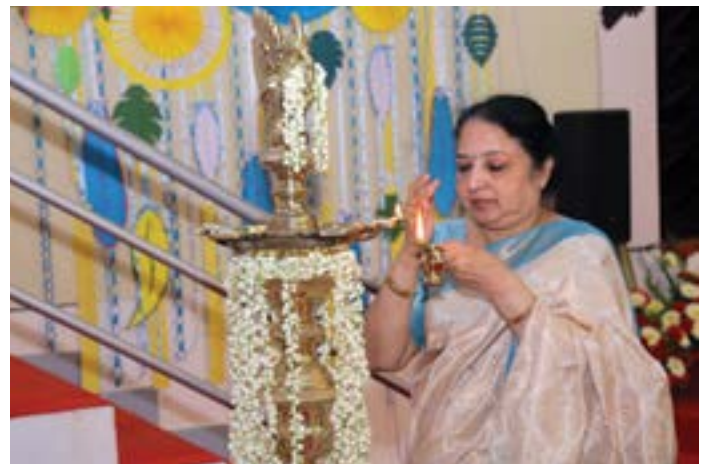
Distribution of special prizes



Address by the Chief Guest, Mr Gerry Arathoon



Expression of Gratitude by the HSS Co-ordinator, Mrs Vimala Jacob



The Senior Vice President, Mrs Elsamma Thomas, lighting the Graduation Lamp



The outgoing batch of Grade 12 students singing 'Pass It On'



Dignitaries, parents, guardians, teachers and students in the auditorium



Graduands in their gowns and graduation caps



The Chief Guest, Mr Gerry Arathoon, and his wife, Mrs Anita Arathoon, seen along with the Principal, Dr P C Thomas, Senior Vice President, Mrs Elsamma Thomas, and Senior Vice Principal, Mrs Sheila Alexander



The Graduation luncheon in the school dining hall

GSIS Celebrates 69th Republic Day: Salutations to the Nation



Mrs Elsamma Thomas, Senior Vice President, hoisting the national tricolour

A misty morning, nip in the air, brightened to a warm sunshine welcoming a day of radiance, to commemorate the 69th Republic Day of India. 26th January 1950 is a day marked in golden letters and to mark the occasion, we had the **Republic Day celebration** in our school co-curricular block with the unfurling of the national tricolour flag by Guest of Honour for the day, our Senior Vice President, **Mrs Elsamma Thomas**. The Brass Band played the national anthem. It was an august assembly of students from all sections of Palada campus, the members of the Academic Council, Faculty and students from the Finishing School.

Master V Pranavharshan of Grade 9 delivered the Republic Day speech drawing analogy from the world of Superman and Batman who inspite of their differences and conflicts were mutually bonded by their mother. In the same way, India, a land of unity amidst diversity, has been united by the metaphor of Mother India. Paying tribute to the martyrs of India, who bled for the country, he urged his fellow Indians to rise above conflicts and differences and value our nation and not to feel inferior in any way. In his speech, he reiterated “We are no less.” Instilling in us a sense of pride in our rich heritage and culture, he stated that if the Greeks have Aristotle, we have Abdul Kalam, If Americans have Martin Luther, we have Gandhiji and many such legendary figures from the contemporary world were alluded to, to remind us all that we should be proud of our nation. Pranav concluded his speech with strong words, “I have faith that one day, despite the colour of our skin, our caste, our faith, our social class, and even our opinions, we will emerge as Batman even in the darkest of nights and let this nation RISE!”

This strong message of optimism was followed by a speech delivered by **Ms Yashvi Navneetbhai Vadalia** of Grade 11, who provided glimpses into the history of our freedom struggle which culminated in the attainment of Independence in 1947 and the framing of the longest constitution which came into effect on this auspicious day in 1950. She referred to **Pandit Nehru’s** famous

speech, “Tryst with destiny”, and drew an analogy of India being a ‘tropical forest’ where every street has a new scene to show. The diversity of language, culture, religion, terrain, food and festivals makes India ‘Incredible India.’ In citing examples of diversities galore, Yashvi’s narrative took us on an imaginary tour from North to South, East to West, from snow-capped Kashmir to land of rivers, from the deserts of Rajasthan to Meghalaya, the land of clouds and heaviest rainfall – it made all of us feel united by the powerful name of our nation, India. However, it was pointed out how that unity is shattering by the present deteriorating situations. The speech ended with a hope that the future citizens of India will strive to make their country the best, a promise from the voice of youth - “we will do everything to enrich and preserve our culture, our ethos, our customs and our traditions to prevent the precious uniqueness of our country from demolishing.”

This was followed by the Indian Music Choir’s melodious rendition of our national song ‘*Vande Mataram*’, sung by the students of Indian Music department. The Guest of Honour for the day, Senior Vice President, **Mrs Elsamma Thomas**, in her address, extended greetings to all the students and teachers of the school. Paying tribute to our Founding Fathers who drafted the constitution under the chairmanship of **B R Ambedkar**, she stated how freedom fighters of our motherland shed their precious blood to give us freedom from foreign rule. However, today, we see and read news of violence everywhere, corruption rampant. It is the duty and responsibility of the children of today, the future



Master V Pranavharshan delivering his address



Address by Ms Yashvi Navneetbhai Vadalia



Mrs Elsamma Thomas, Senior Vice President, addressing the school community



Students and faculty assembled on the co-curricular block quadrangle during the special assembly



The school choir singing patriotic songs



Vote of thanks being delivered by Master Samraat Sujoy Gupta

citizens to bring peace and harmony. Praising the *Swachh Bharat Abhiyan*, initiated by Prime Minister **Narendra Modi**, as a great endeavour to keep our environment clean, she reminded everyone in the assembly to be responsible for the premises of the school and to consider it their property which needs to be taken care of. Reiterating her favourite quote, "Cleanliness is next to Godliness", she advised that students should keep their classrooms clean, premises clean and spread this awareness everywhere. She further stated that we need to remember the ideals of the nation, develop mutual understanding to spread harmony. Ills of the society persist due to lack of education, so let's be "ambassadors of change." She also enlightened the school community about the significance of the design and colours on our national



Students participating in drawing and painting



Performance of young singers and budding musicians



Students enjoying their activities on the Republic Day

flag. Concluding on an inspirational note, she shared with the audience her experience of participating in Republic Day parade in New Delhi and the rigorous training the cadets had to undergo before the event.

The second rendition from the Indian Music Choir was another patriotic number, *“Tum samay ki ret par.”* **Master Samraat Sujoy Gupta**, Vice Head Boy, of Grade 12, conveyed the vote of thanks. The special programme was followed by House meetings and musical recital in the co-curricular block quadrangle, where the school bands played their favourite numbers to the accompaniment of lead vocalists of our school.

***“Freedom In The Mind,
Strength In The Words,
Purenness In Our Blood,
Pride In Our Souls,
Zeal In Our Hearts,
Let’s Salute Our India On Republic Day.”***

Words of Appreciation...



"I've had the opportunity of visiting many schools in India and abroad, but I am yet to visit a school better organized than Good Shepherd International School; its marvellous infrastructure, its educational, co-curricular, health and sports facilities have greatly impressed me. GSIS is a school the CISCE can indeed be proud of. Both the Investiture and Graduation ceremonies were excellently organized.

My wife, Anita and I wish to thank both Dr Thomas and Mrs Elsamma Thomas for their most gracious, kind and warm hospitality, shown to us during our visit.

May GSIS be a lighthouse of service, love, peace and communal harmony to its neighbour!"

- Mr Gerry Arathoon

Chief Executive and Secretary, CISCE, New Delhi

16 and 17 February 2018

A Staff Orientation Programme to refresh and expand Skills and Experience



The Orientation Programme in progress

This year, the staff of Good Shepherd International School returned from a hearty vacation to an invigorating, two-day long **Orientation Programme**. The sessions on the two days, 17 and 18 January 2018, spanned from 9 am to 4 pm with tea and lunch breaks.

The programme on Wednesday, 17 January, began with a prayer to the Almighty to express our gratitude and was led by **Mrs Anila Ann Mathew**, the Director of Counselling. **Mrs Julie Pradeesh**, Vice-President, whose note began with an interactive icebreaker, gave the Welcome Address. Her speech touched upon the five Golden Gifts in Education – Opportunity, Passion, Belief, Time and Teacher. The next speaker, **Brig. Suresh Kumar**, Senior Vice Principal (Administration) updated the teaching community on the upcoming extension of the campus. The sessions post tea break, featuring **Mr T Suresh** (Coordinator – Curriculum & Professional Development) and **Mr Praveen** and **Ms Bhakti**,



Mrs Julie Pradeesh, Vice-President, delivering the welcome address



An interactive session in progress



Brig. Suresh Kumar, Senior Vice Principal (Administration), addressing the staff



A view of the audience



Teachers participating in various activities



were directed specifically towards the transformation we anticipate and must be geared towards, in the constantly changing learning environment of the 21st century. The former brought to light effective tools for teaching in a student-centered classroom and the latter focused more on Transformative Teaching Methods to herald an evolution in daily instruction. Post-lunch, the section teachers met with their respective coordinators who reinforced the expectations from the teaching community and highlighted the path that lay ahead in the term. The day concluded with faculty meetings, which engaged the teachers collaboratively for future planning of instruction.

On 18 January, the programme started off with some very engaging and challenging set of activities in the session on Design Thinking, conducted by **Mrs Angelin** and **Mr Nishant**. The session was directed towards employment of design



Mrs Sheila Alexander addressing the teachers



The Founder-Principal Dr P C Thomas



The Founder-Principal, Dr P C Thomas, addressing the staff



The Open Forum in progress: Addressing concerns and requests

oriented thinking to aid better planning with respect to classroom instruction and was followed by Reflective Practices by **Mrs Rekha** and **Mr Rohan**. Reflection was expounded upon and was proven to be an effective tool in learning but not before everyone took a five-minute break to do some super-brain yoga, a quick exercise to reinvigorate the audience. A session on refined Dining Hall Etiquettes by **Mr Uday Shankar** concluded the sessions before lunch. **Mrs Sheila Alexander**, Senior Vice Principal (Academics), took the session post lunch to talk about the transformation that the GSIS learning community is to undertake, in preparation for CIS and NEASC accreditations. The final session, fittingly, was from the most pertinent figure, **Founder-Principal, Dr P C Thomas**, who relayed his life as a teacher and Principal, to bring to the community a sense of the journey so far and the journey that lay ahead, all of which was dictated by continuously 'raising the bar'. Upon the conclusion of his speech, an Open Forum to address concerns and requests was held, which rounded up the vivifying staff orientation programme.

Christmas Programme



Students performing the Nativity Play



A nativity scene enacted by students



Choir singing Christmas carols

The students and staff of Good Shepherd International School commenced this year's festive celebrations in a wonderful display of music and theatre, accompanied by seasonal speeches.

The Christmas programme was held in the auditorium of the Palada Campus on Saturday, 2nd of December 2017. **Mrs Anila Ann Mathew**, Director of Counselling, began the celebrations with a lovely welcome note in which she discussed the fragility of God's precious gift, the very meaning of Christmas. What followed was an extensive showcase of the students' and staff's musical talents woven within the Middle School students' depiction of the nativity story, accompanied by traditional carols. Performances included the Big Band's Christmas medley, seasonal Spanish and French songs and a rendition of 'O Holy Night' by the Strings Ensemble.

The afternoon's entertainment concluded with the message of **Mr Dominic Jude Hurst**, the Middle School Coordinator, in which he spoke of the everlasting love of God for all his children. This was followed by 'Run, Shepherds Run' sung by the Male Staff Choir to finish. The students and staff of GSIS thoroughly enjoyed this chance to mark the beginning of the Christmas period.

"Want to keep Christ in Christmas? Feed the hungry, clothe the naked, forgive the guilty, welcome the unwanted, care for the ill, love your enemies, and do unto others as you would have done unto you."

- Steve Maraboli

UK Universities' Fair held in GSIS



Delegates of UK Universities making presentations on studying in UK



Students speaking to the delegates

Students have to decide their career paths after plus two, the final stage of their school life. It is very important for students of grades 11 & 12 to choose a career so that they can set professional goals, follow a career path and develop a strategy for getting where they want to be. Students have to choose a career based on an honest self-evaluation of their talents, abilities and interests. Many of them might have already chosen their subjects depending on their interest of career choice.

Some students may be in a dilemma about choosing their career. Even if several courses are available for students, opting for a right career path after grade 12 is a challenging task. Various factors - most importantly, their interests, ability to cope with the subject chosen, job scope for the career and above all the cost involved during the course should be taken into consideration by the students.

We are happy to inform you that the **British Council** organised a school tour of selected British Universities in Ooty. As a part of this tour of schools, delegates of prominent UK Universities visited potential schools in and around Ooty. A **UK Universities' Fair** was organized for grades 11 & 12 students in the Palada Campus of Good Shepherd International School on Saturday, 11 November 2017. The objective of this mission was to meet students and teachers, strengthen the existing relationship with the school and enable students to shortlist higher education institutions in the UK if they plan to pursue their education there after leaving GSIS. The chance to meet and interact with official delegates and alumni of universities was a key benefit of this Fair. Delegates of the following seven Universities participated in the event –

1. University of Birmingham
2. City, University of London

3. University of Leeds
4. University of Manchester
5. Newcastle University
6. University of Sheffield
7. University of Ulster

Rather than just depend on searching for universities online, attending a university fair is an opportunity to get immediate personalized responses to questions, an idea of the application process, funding opportunities on offer and much more information about the various programmes. Delegates get impressed by attributes such as determination, passion and focus of students. The delegates of these universities were introduced to the students and they made their presentations on studying in UK to help candidates find their ideal graduate programme. The students kept the delegates busy by asking them questions about what they can look forward to, which courses they can apply to, personalised advice from education specialists and gain a fuller understanding of the experience. They received information about different types of tests for screening candidates, support on completing the application forms and updates on accommodation options.

School Enterprise Challenge



Idea generation team



Students tilling the land to break up the soil



Students planting saplings



Vegetables grown at the Palada Campus

Education is the key to tackling youth unemployment and poverty worldwide. The organization, **TEACH A MAN TO FISH UK LIMITED**, is an international education charity, committed to tackling global poverty. The organization works with schools to set up school businesses. The **School Enterprise Challenge**, run by **TEACH A MAN TO FISH UK LIMITED**, is a global business start-up Awards Programme for schools around the world with up to \$50,000 in prizes available for the most entrepreneurial schools, teachers and students. The organization supports schools across Africa, Asia & Latin America to set up enterprises as a hands-on way to teach practical & business skills and to generate extra income in the process. This free Awards Programme guides and supports teachers and students to plan and set up real, sustainable school businesses. Students get the chance to gain hands-on experience of running a real business and generate



Students harvesting cabbages



Students presenting a business plan

real profits to help support their school or a social cause of their choice. Schools have set up an amazing variety of businesses.

Students of GSIS registered for the programme and completed the three stages namely, submission of Business Idea, Business Plan and the Annual Report. The name of the business was **GSIS Organic Bay**. The business activity included growing four different organic vegetables namely *Zucchini*, *Cauliflower*, *Cabbage* and *Broccoli*. The students' video was shown during the Global Entrepreneurship Week 2017 held at London, showcasing the School Enterprise Challenge Community (Web link for the video: <https://www.youtube.com/watch?v=CqXFC4jExHA>).

During the period of 6 months' duration of the project, from June to November 2017, students participated in competitions conducted by the School Enterprise Team. The FM 4 (IGCSE Grade 10) Accounting students were recognised for their creativity and the fantastic school business logo they had submitted in the Logo Design Mini-Competition. The IB 1 Business Management (Grade 11) students were recognised for their contribution to the fantastic blog article their business team submitted in the September Blogging Mini-Competition as part of the School Enterprise Challenge 2017. The certificates were given to the students by **Mrs Sheila Alexander**, Senior Vice Principal –Academics, the Head of the GSIS Organic Bay. Our students have thus taken their first step in the world of Business and Entrepreneurship. These businesses are both educational and profitable, teaching students business and entrepreneurial skills, and generating much-needed income for schools.

“Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime.”

- Moses ben Maimon

Inter House Dramatics Competition 2017

Middle School



Scenes from the play, 'Fools'



A scene from the play, 'Elf'



A scene from the play, 'The Wonderful Wizard of Oz'

The Inter House Dramatics Competition for students of Middle School was held on Monday, 20 November 2017. The results are as mentioned below:

- Best Play** : 'Fools', a comic fable, by Neil Simon (by Autumn House)
- Second Best Play** : 'Elf', a Christmas comedy classic, by David Berenbaum (by Spring House)
- Third Best Play** : 'The Wonderful Wizard of Oz', a musical play, by L Frank Baum (by Summer House)
- Best Actor** : Master Sidaarth Ramabhotla (Autumn House)
- Best Supporting Actor** : Master Teerapat Sripiboonpanich (Autumn House)
- Best Actress** : Ms S D Nakhshathra (Summer House)
- Best Supporting Actress** : Ms Megha Elizebeth Stephen (Autumn House)

Congratulations to the winners and all the participants!

Inter House Classical Dance Competition 2017

High School & Higher Secondary School

Indian classical dance, or **Shastriya Nritya**, includes eight or more various performance arts rooted in religious Hindu musical theatre styles, whose theory and practice can be traced to the Sanskrit text Natya Shastra. The **Inter House Classical Dance Competition** for girls of High School and Higher Secondary School was held in the Palada Campus auditorium of GSIS on Thursday, 30 November 2017. The results in the various categories are mentioned below:

Grade 9 : Classical Duet Dance

Names of students	House	Position
Yashitha Madanapalli	Autumn	I
Lisa Amit Patel		
Eve Saha	Summer	II
Harshita Amitkumar Khemka		
Adisri Preeti Devaraj	Spring	III
Debakshi Sarkar		



Autumn House team



Summer House team



Spring House team

Grade 11 : Classical Duet Dance

Names of students	House	Position
Nairuti Vishnubhai Patel	Summer	I
Eva Ann Raju		
Riya Malay Shah	Spring	II
S Ashmath		
Rhea Jain	Winter	III
Ardra Ravindran		



Summer House team



Spring House team



Winter House team

Grades 9 & 11: Classical Group Dance

House	Position
Summer House Team	I
Autumn House Team	II
Winter House Team	III



Summer House Team



Autumn House Team



Winter House Team

Overall Winner in Classical Dance Competition : **Summer House**

Well done!

Inter School Hockey Tournament 2018



GSIS Hockey Team (U-14 yrs division)

The **Annual Inter School Hockey Tournament** for boys was held at Brindavan Public School, Coonoor, on Saturday, 03 February 2018.

In the U-14 yrs division, the **GSIS team** emerged champions in the tournament. In the final match, GSIS team defeated Crescent Castle Public School, Ooty. The score was 2 – 1. **Master Vedaant Vinodkumar Jain**, FM 2C, was adjudged the **Best Player** of the tournament. **Well done!**

Trinity College London Music Examinations - November 2017

Trinity College London Practical Music Examinations, November 2017

146 students took the Practical Music Examinations in November 2017. **97** students achieved **Distinction**, **34** secured **Merit** and **10** were awarded **Pass** certificates.

TCL Rock & Pop Music Examinations, November 2017

51 candidates appeared for the TCL Rock & Pop Music Examinations in November 2017. **13** students achieved **Distinction**, **14** secured **Merit** and **18** were awarded **Pass** certificates.

A total of **38** students appeared in the Group presentation category for Foundation and Intermediate Certificates. **Five groups** achieved **Distinction**, **one group** secured **Merit** and **two groups** secured **Pass**. **Well done!**

TCL Theory of Music Examinations, November 2017

52 students of GSFS appeared for the Theory of Music Examinations in November 2017. **43** students achieved **Distinction**, **6** secured **Merit** and **3** were awarded **Pass** certificates.

GOOD SHEPHERD FINISHING SCHOOL

Indian Cooking Fiesta: *The Tastes of India*, a Feast for Your Taste Buds



Members of the team, Elegance, serving food to the guests



Special Invitees enjoying the diverse flavours of Dakshin cuisine

The **Inter House Indian Cooking Competition** of the 9 months' batch of girls for the year 2017 – 2018 was held in the Atrium of the GSFS Campus in Good Shepherd Knowledge Village from 25th to 27th of January 2018. The event named ***The Tastes of India***, was an excellent opportunity for one to taste the flavours of different popular Indian cuisines and enjoy the hospitality of the students of GSFS.

Students of the three houses - **Emancipation, Excellence and Elegance**, enthusiastically participated in the preparation of the food and the presentation of their respective cuisine and culture. Students presented the different Indian styles of cooking. The House team, **Emancipation**, presented the *Mughlai cuisine* on 25 January. The *Mughlai cuisine* represents a combination of the cooking styles and recipes of Central Asia and North India. A *Mughlai* course is an elaborate buffet of main course dishes with a variety of accompaniments. On 26 January, the House, **Excellence**, presented the aroma of *Marwadi-Gujarathi* dishes. They offered a wide variety of delicious, mouth-watering, vegetarian dishes, each with a unique cooking style. On 27 January, the House, **Elegance**, presented the relish of *Dakshin cuisine*. These recipes were collected from the South Indian states of Kerala, Andhra Pradesh, Tamil Nadu and Karnataka. The students presented the delights of South Indian cuisine in all its ancient and vibrant glory. They tickled the taste buds with their delicious preparations.

The guests and special invitees were served the mouth-watering dishes and they relished the tastes of the cuisines. This was a perfect opportunity for them to relish different traditional and authentic Indian flavours. The Atrium at the campus turned to a cultural hub on all the three days.

The competition was adjudged as mentioned below:

First Position : **Team Elegance** (Dakshin cuisine)

Second Position : **Team Excellence** (Marwadi-Gujarathi cuisine)

Third Position : **Team Emancipation** (Mughlai cuisine)

The school is known for providing best quality food to its students. The food is cooked in hygienic conditions and is devoid of any artificial colours and taste enhancers. Care is always taken to ensure that the taste and quality of food is always up to the expectation. The Food & Beverages training sessions are handled by chefs and culinary experts who have mastered the art of cooking food in the authentic style and with the same quality and expertise as it is done traditionally. The training sessions at the school helped the students explore their culinary skills and creativity in the preparation of food and presentation.



Winners : Team Elegance



A student playing the veena



A cultural programme in progress



Girls enact a skit



"A recipe has no soul. You, as the cook, must bring soul to the recipe."

- Thomas Keller