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# THE TAHR TIMES

THE DECEMBER EDITION



GSIS  
**TAHRS**

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## *The Editorial*

Greeting Shepherdians!

This new edition of 'The Tahr Times' entails a myriad of content revolving around a plethora of events such as the GSMUN.

This edition will embody the Christmas vibe of the month, as well as provide students with insights on the happenings of last month including one of GSIS' biggest events...GSMUN. I hope you enjoy this edition as much as we did while producing it!

Regards,  
Sanaya Pathapati - Editor-In-Chief







# G S M U N



## MEET THE TEAM

### The Secretariat:

**Secretary General: Shreyansh Mali**

**Deputy Secretaries: Abraham Jacob and Aadya Harlalka**

**UNSC:**

**Head: Kevin John Joseph**

**Co-Head: Arya Vats**

**UNEP:**

**Head: Yashvi Gajera**

**Co-Head: Himani Sarvaiya**

**WHO:**

**Head: Eshaan Kattepur**

**Co-Head: Damien Matthews**

**ECOFIN:**

**Head: Jayam Shah**

**Co-Head: Vivek Jobanputra**

**Press Corps:**

**Head: Tanvi Jain**

**Team: Neha Veeramacheneni, Myeisha Parekh, Ishita Bohra, Bhavya Passary, Krishna Singhvi and Mithul.**

**IT Team: Zarjish Mollah, Suryansh Singhal and Atulya Ghude.**

**Admin Team: Nishi Dobariya, Vaani Kedia, Ridhima Kejriwal, Nishta Viral.**

**UNODO:**

**Head: Araya Vastani**

**Co-Head: Sanaya Pathapati**

**DISEC:**

**Head: Kanishk Magesh**

**Co-Head: Sudarshan Karbari**

**Legal Assembly:**

**Head: Nidhi Aggarwal**

**Co-Head: Takshraj Jadeja**

**INHRC:**

**Head: Rebecca Jacob**

**Co-Head: Abhinov Singh**

# the SecRetariat



## Statement from Shreyansh Mali (The SecGen of GSMUN'23)

This year GSMUN had many changes, from entertaining the usual 7 committees, now to 8, a combined crisis with 96 students in one venue, with an actual social media presence, we were able to present the prestige of this student-led event, we had team members of Press, IT, admin, chairs and co-chairs, who were able to accommodate and support all the delegates, I can not thank Tanvi (press team head) and Zarjish (IT team head) enough, they were always there to make our vision come true. As the secretary general, I had a lot of ideas and plans I wanted to spring into this year's GSMUN; with very little time. The delegate participation was far more focused on the resolutions that they sat and made before the event started. Mr. Nishant, Aadya, Abraham, and I, along with a few 12th graders had a lovely time, picking out the smallest mistakes in the resolutions and getting them failed. To sum up our experience of GSMUN in one sentence, along with great learning, our team members and delegates had great laughs which will forever be remembered.

## Statement from Aadya Harlalka (DepSec)

GSMUN gave me an experience like no other. I loved being proactive and involving myself as much as I could. The committees were extremely insightful, impactful, and operational. Every delegate made sure to give their best, fight for their country, and make informed statements. The chairs and co-chairs didn't leave any stone unturned and have supported, worked, and contributed tirelessly to the best of their abilities. My highlights begin right from a plethora of mock debates, where every committee fought on topics like drugs, artificial intelligence, or even something as basic as the compulsion of uniforms in schools. Shreyansh (Secretary General), Abraham (Deputy Secretary General) and I have been vocal in promoting inclusivity, helping all the delegates get better with each mock debate and understand the THIMUN procedures. Each committee had something unique about it. We remained unwilling to end it, because of the memories we made and the things we learnt. We have become better in everything that will help us become leaders. I am grateful to everyone who helped me throughout the journey and believed in my abilities. The delegates taught us numerous things which we couldn't learn otherwise. The press, IT and photography gave their best to give GSMUN a face that it deserved. I will never want to replace anything about this experience.



## Statement from Abraham Jacob (DepSec)

GSMUN was a marathon with me running around the entire school, going to each committee, helping out the delegates and the heads with procedures and all the fun stuff that comes with being the Deputy Secretary General. It was surreal to see the GSMUN just go by as fast as it came. Aadya, Shreyansh and I as the secretariat were sad to see the end of our time together as a team. But I'm sure that towards the end we became better leaders with more experience in problem-solving and effective communication. Personally, GSMUN couldn't have been better. It was really funny to see the first-timer delegates appealing for the point of personal order instead of privilege at times, the most exciting parts were failing or defending the resolution papers. We would become the UN representative and pick any one issue we found in the resolution paper to annoy the delegate and strike out a clause or two to heat up the committee. Finally, I'm really glad that I got to work with the entire GSMUN team including the press team, admin team and IT team without which we would have never had the time to truly enjoy the event. Thank you.



# Rapporteurs

## Statement from Swara Badhani (Rapporteur of UNSC)

Being a rapporteur in GSMUN UNSC, “the most esteemed committee” was an honour . However it was as amusing as it was bustling and required a significant commitment of time and energy. recording the consensus of the room and assisting in administrative duties while speaking out for my country felt burdensome at times but with the assistance of the world's most awesome chairs it was all worth it . MUN played a crucial role in shaping me into a confident and well- orated speaker and presenter that I am today. I'm positive the committee found the experience to be delightful as we got insights into the workings of the UN community through arguing over illegalising LGBTQ+ and going into the crisis of an Alien invasion, to coming up with resolutions for some of the world's most vital issues. The MUN allowed the delegates and myself to make valuable connections with one another. Special Shout out to both the committee chairs for, without "the chairs discretion" the committee would not have functioned and to the delegate of the VETOs for always having an argument against each of my statements and yet end up passing my resolution (thank you for that) and finally to the delegate of brazil, it is not HUMMUS.

## Statement from Kashvi Bansal (Rapporteur of UNODC)

It was definitely an insightful experience for me, being a rapporteur of UNODC, headed by Araya Vastani and co-headed by Sanaya Pathapati. As a rapporteur, I myself was a delegate of Uruguay. Debating alongside the other delegates was definitely something I'll never forget. Unmoderated caucuses were a total chaos. None could hear what the other was stating and the heads were exhausted, yelling at us to maintain “decorum”. Unmoderated caucuses were totally useless, especially during the discussion of our resolution papers. All, including the presenter's voices, could not be heard, and it was just an excuse to drift our minds apart from the seriousness of the resolution paper. Failing a resolution was undoubtedly the most cherished moment for every delegate of UNODC. Lastly, this MUN is truly etched into my heart. Each moment has become a memory, tucked safely, which can be replayed over and over again.

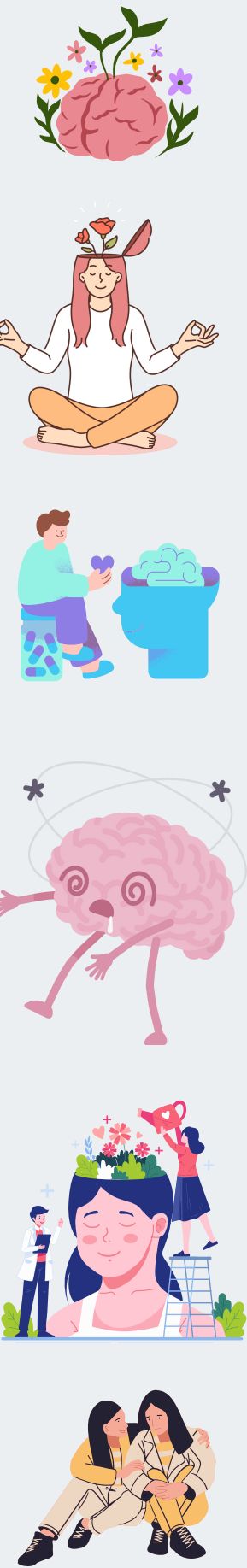


# NAVARATRI CELEBRATION





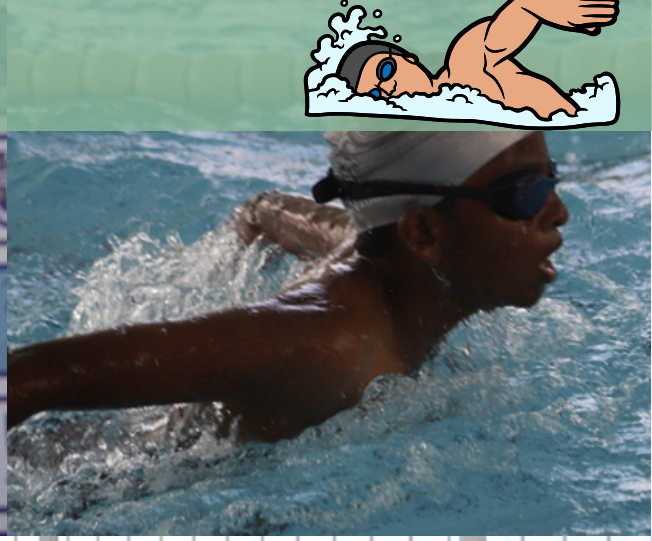


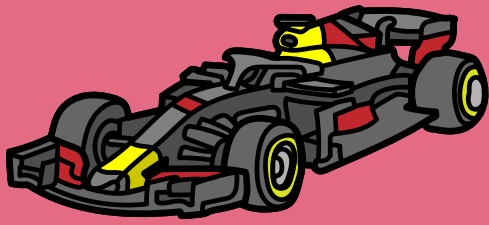


Mental health is crucial for overall well-being, affecting how individuals think, feel, and act, as well as their ability to handle stress, relate to others, and make healthy choices. It is equally important as physical health, with good mental health enabling individuals to cope with life, stressors, maintain a positive self-image, build healthier relationships, and enhance productivity. Neglecting mental health can lead to serious consequences, affecting daily tasks, relationships, career, education, and long-term goals. Therefore, addressing mental health challenges is essential for improving overall quality of life and preventing serious consequences. Additionally, mental health can impact physical health, as conditions like depression can increase the risk for long-lasting physical health problems such as diabetes, heart disease, and stroke. Therefore, prioritizing mental health is crucial for maintaining a healthy and balanced life. Some common mental health issues faced by teenagers include anxiety disorders, depression, attention deficit hyperactivity disorder (ADHD), and eating disorders. Anxiety disorders are the most prevalent mental health disorder among adolescents, affecting a significant percentage of young people. Depression is also a prevalent mental health issue among teenagers, with a notable percentage experiencing major depressive episodes. Additionally, ADHD and eating disorders are among the common mental health challenges faced by adolescents. It is important to note that while it is normal for teens to experience a wide range of emotions, mental health disorders are characterized by persistent symptoms that affect how a young person feels, thinks, and acts, and can interfere with regular activities and daily functioning. Early intervention and treatment are crucial in lessening the impact of mental health disorders on teenagers. Mental disorders significantly affect adolescents, with bullying and harsh words contributing to depression and other mental health issues. Anxiety, substance abuse, and bullying can lead to severe health issues and even tragic outcomes, emphasizing the importance of addressing mental health concerns in teenagers. In conclusion, mental health is a vital component of overall well-being, and addressing mental health issues among teenagers is crucial for their long-term health and well-being.



# INTER-SCHOOL SWIMMING





**The season starts off with the Bahrain Grand Prix. Max Verstappen leads with a Red Bull 1-2.**



**Saudi Arabian Grand Prix, Perez lands his first win as he leads to another Red Bull 1-2. Fernando Alonso lands his second podium of the season.**



**Australia Grand Prix, Slow start to Ferrari's season, Lewis Hamilton lands Mercedes their first podium of the season. Max Verstappen secures maiden Melbourne win. Oscar Piastri scores the first f1 points.**



**Miami Grand Prix, Max Verstappen comes back from p9 to secure the win. Another 1-2 for Red Bull and another Fernando Alonso gets another podium.**



**Max Verstappen wins the Monaco Grand Prix, as Estaban Ocon secures a surprise podium after a dry-wet race.**



**Italy Grand Prix, Max Verstappen breaks the record for most consecutive race wins. As Red Bull secures another 1-2.**



**Eventful Singapore Grand Prix as Ferrari's Sainz secures win. McLaren's Norris gets his third podium of his season.**



**Japan Grand Prix, Oscar Piastri lands first f1 podium in his first season in f1.**



**Abu Dhabi grand prix, Max Verstappen wins final grand prix of the season as Mercedes clinch p2 in final constructor standings.**



**Max Verstappen ends the season with most single-season wins (19), most consecutive race wins (10), most podium finishes (21), highest points total (575)**

# EVENT SCHEDULE



DEC  
**1-2**  
FRIDAY-  
SATURDAY

SAT Exams

Christmas Program

DEC  
**3-5**  
SUNDAY-TUESDAY

Christmas Celebrations

School Assembly

Deadline-Submission of  
Senior Drama Script &  
Characters

DEC  
**14-15**  
THURSDAY-FRIDAY

School Closes for December  
Break!

DEC  
**21**  
THURSDAY

Progress reports will be  
uploaded on ManageBac



SEE YOU IN JANUARY