

ISSUE 02

NOVEMBER 2023

THE TAHR TIMES

THE NOVEMBER EDITION



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The Editorial

Greeting Shepherdians!

This new edition of 'The Tahr Times' entails a plethora of content from an array of events, namely, Founder's Day, Mental Health Day, the Career Fair, and TEDx.

This edition essentially showcases the myriad of fun and opportunistic events GSIS hosts. This November edition focuses on encouraging us to keep pushing and participating in these events, in order to boost our school's morale and liveliness. This edition also represents one of GSIS's core values - Triumph. Triumph in our achievements and our success this Founder's Day. We all do deserve a HUGE round of applause and recognition, whether it is from our parents, teachers, friends, or us, 'The Tahr Times'!

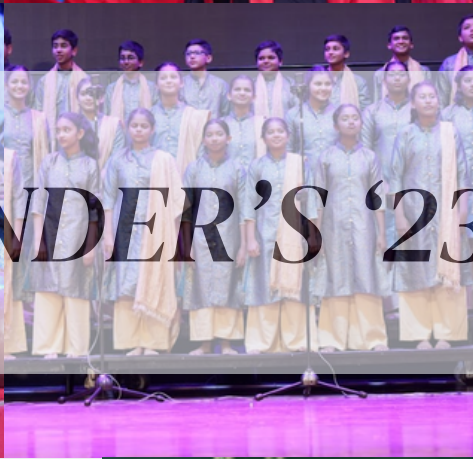
Regards,

Ms Sanaya Pathapati - Editor-In-Chief



***P.S: HAPPY DIWALI IN
ADVANCE!***





FOUNDER'S '23



FOUNDER'S DAY '23

Mr Chris: Life As a New Teacher in a New Country and Founder's Day Preparations

Greetings Shepherdians!

Landing 'practically' into the Founder's Day rehearsals has been a "wee bit hectic". That being said, still being jet lagged from day one of reporting at GSIS to the Founder's Day events has been busy, to say the least. However, the students and staff of the Music department have been very supportive. Back to the students, what a group of enthusiastic musicians who, besides the daily instrumental lessons, and the multiple activities, learnt new music which was in an uncommon meter for them. The first task was to take the students out of their comfort zone by introducing this new feel/style found in Music. Reference, of course, is being made to the orchestral arrangement of "Mission Impossible". I think teaching the ⁵4 meter was one of the most difficult tasks for the first few weeks in preparation for Founder's Day. But with perseverance "the impossible" literally becomes possible. Not to blow our trumpets, but the loud applause at the end of our orchestral performance solidified the effort the musicians put into this performance.

With regards to being in a new country the most important thing is to watch, learn, observe, and listen. As this has not been my first overseas stint my experience in the above-mentioned statement has worked out so far. I am looking forward to exploring India a bit more as there are many wonders out here.

Yours in Music,
Mr Filander



>> The Orchestra at this year's Founder's Day Grand Opening Playing: "Viva La Vida" and the "Mission Impossible" Theme song!

FOUNDER'S DAY '23

Mr Sahil On Founder's Day Preparations

My first experience for Founder's Day at GSIS was both exhilarating and challenging. It was really good to see the tradition that had been a highlight for the students, parents, and staff for many years. This production involved coordinating a large cast of students, managing the technical aspects, and ensuring that the production lived up to the high expectations that the school community had. I appreciate the effort that the students put into bringing uniqueness to their respective roles.

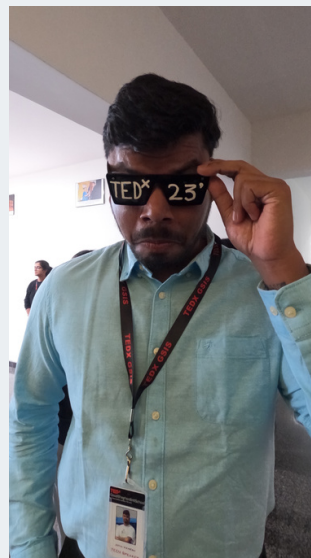
Rehearsals were a mix of excitement and chaos. It was a great learning experience for both me and the students as they discovered the challenges and rewards of working together to create a memorable performance. Also, I appreciate the effort that was put in by all the teachers to make this event a great success.

The musical production "WICKED" had not only been a wonderful experience for the students but also a source of pride and joy for the entire school community.

Once again I wish all the students of GSIS very good luck to keep up this good work. I hope they all commit to continuing this tradition of excellence for many years to come.

- Mr Sahil





Statement from Shiv – Head of the “Core Team”:

As the student head of the TEDxGoodShepherdIntlSchool event on September 23, 2023, I had the privilege of witnessing a convergence of out-of-the-box thinkers with big ideas. The event brought together students, educators, and professionals from various backgrounds to share their innovative and thought-provoking ideas on the theme of sustainability.

The preparations for the event began months in advance, with a team of dedicated students working tirelessly to curate a lineup of speakers, organize logistics, and promote the event. We were fortunate to have a diverse group of speakers, including young entrepreneurs, climate activists, and social innovators. The auditorium was packed with eager audience members, and the energy was palpable. The speakers delivered inspiring and insightful talks, covering a wide range of topics, from renewable energy to sustainable agriculture to social justice.

One of the highlights of the event was the interactive discussion between the audience and the speakers. It was heartening to see so many young people passionate about making a difference in the world. Overall, the event was a resounding success. It was an inspiring and empowering experience for everyone involved. I am grateful to the entire team for their hard work and dedication, and to the speakers and audience members for making the event truly special.

Shiv Manish Punjabi
The Student Head
TEDxGoodShpherdIntlSchool

Statement from Shreyansh – of Host Team:

My experience as a host of the TedXGSIS '23 felt like a journey, with hectic deadlines and balance between my academics and the event, with great ups and downs, having to plan last-minute activities and having brilliant talks with the speakers that came from different places to talk about the topic of sustainability, all-in-all, I got to learn a lot from the event and it was very knowledgeable!

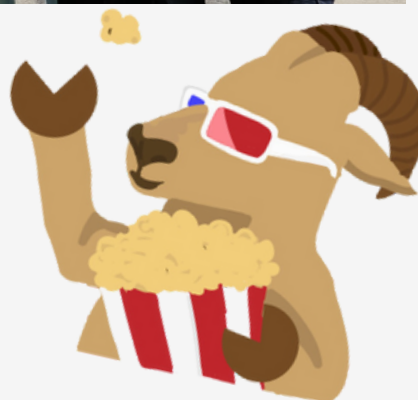
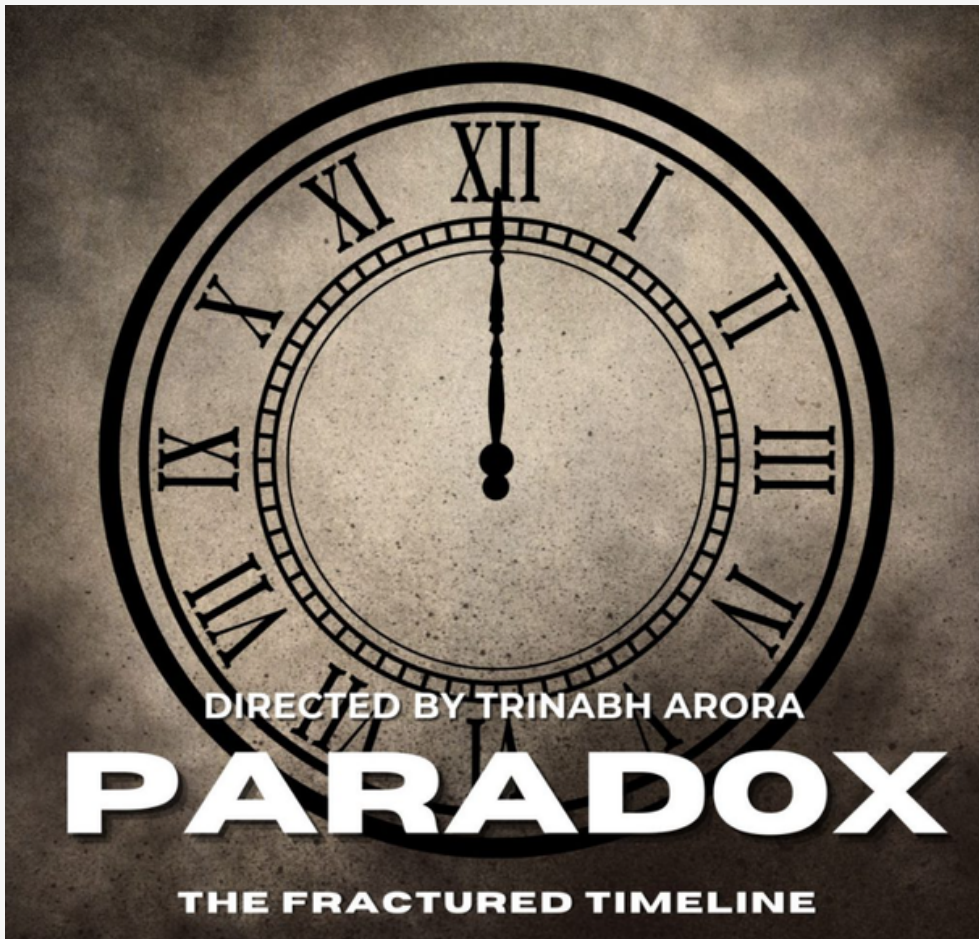


Statement from Advika – Host Team:

As a member of the hosting team for TEDx, I have gained valuable experience integrating sustainability into every aspect of our event. From sourcing sustainable materials for stage design to implementing waste management strategies, we have faced challenges in balancing creativity with environmental responsibility. However, these challenges have only fueled our determination to find innovative solutions and inspire our attendees to embrace sustainable practices. Through our collective efforts, we have successfully created a platform that not only spreads ideas but also advocates for a more sustainable future.



Paradox: The Fractured Timeline



Realities exist parallelly, not branching into each other. But what happens if technology can help us cross over into another reality? What if technology takes over our consciousness, helping us crossover into the parallel world, discovering what has happened if we took the right turn or the wrong turn as our alternate reality selves? What would happen if we could travel beyond the dimensions of time and space and discover what a marvel we can become, does that affect us? And others around us? Join Mike Taylor (played by Bevin Reddy) and his alter ego from another reality Agent M4196 (played by AP Maghizhan) as they cross these borders of space to discover each other and how their discoveries lead to a “Paradox” event. We proudly present to you, Paradox (The Fractured Timeline), A short film by Trinabh Arora.

My Experience at Pykara as a New Student

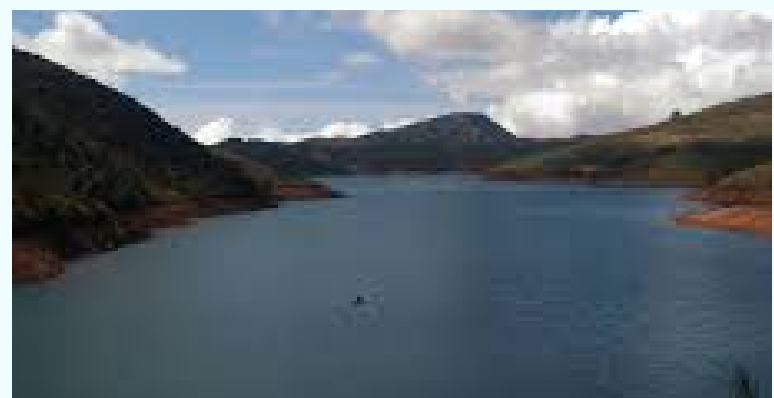
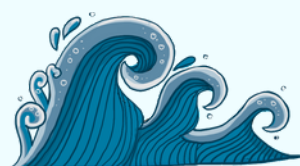
I went to the Pykara Lake for the first time as a part of SCC training. We got to know a few things about that place upon our arrival, such as it was a naturally made lake and that it was even used for watermanship training by the defense forces of India.

To begin our day, we divided ourselves into groups and went for different activities based on training skills that were arranged for us. My friends and I first went peddle boating, where we took 5-7 mins to figure out how and which side to peddle. This boat was the most tiresome where we spent around 15-20 mins. After having some snacks and juices, we went kayaking which was actually fun and something new I was experiencing. Everything felt calm and relaxing as we rowed the kayak. Next, we had a sailboat and later a speedboat. The best was saved for the last, in the speedboat we went a great distance with soft winds hitting our skin after being in the sun for so long. Sitting there it was peaceful as we heard the calming sound of the water and looked at the beauty surrounding us.

Being a cadet is about learning life and survival skills and being able to experience this gave me knowledge about the activities we undertook. This experience made me look forward to more of such experiences to come.

I would like to express my gratitude to Birendranath Ghosh Sir and the school for giving us this opportunity to experience watermanship training skills at the Pykara Lake.

By-Shreya Lunageria
Roll no-8081
ISC 1B





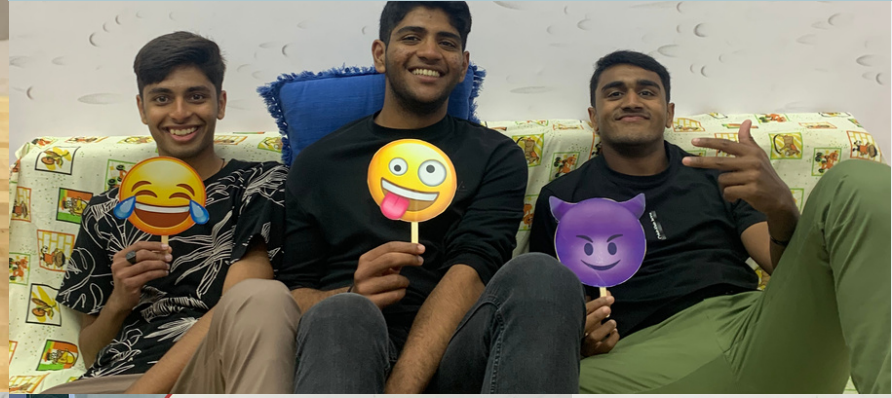
UNIVERSITY FAIR '23





This program was really good because even though I was a volunteer, I saw many happy faces because of the activities they were doing like painting their hands and pasting their handprints on the cloth, solving puzzles, etc. a few people struggled but they eventually overcame the struggle and they too enjoyed it a lot. Despite us being volunteers, we too enjoyed a few of the activities and it helped us overcome our stress. The principal enjoyed the program and was very enthusiastic about it too.

- Viveka (Grade X)



UNWIND '23



Q: How did this unwinding session help you?

A: It helped me in reducing my stress. The best way I relieved my stress was through the stress ball and spinner. I liked dancing to the songs played as it helped me loosen up and be free. It was a really good experience and I think it would be helpful to have this more often, especially around the Founder's Day time when we have a lot of tiring practices. The main lesson I learned from this session was that using the stress ball is the best way for me to relieve stress!

- Maneesh Reddy (Grade X)

EFFECTIVE WAYS OF STUDYING

~ Anvitha (MYP 5)

Exam season just got over, and before you know it, it's just around the corner again and I am pretty sure a majority of us are searching for methods to revise for it before PTM's come around. If you are one such traveler, then you have arrived at the right destination.

Here, I have listed a few methods that I personally and a few of my peers have found helpful and easy to implement in our daily routines.

Comparing concepts to real-life situations After learning a new concept, it can be quite an arduous task to understand it with the concept alone **Applying it to situations I have faced**, helped me draw a connection between the concept and its application which also made it easier to remember the topic

Teaching Another one of the methods I used to improve my retention skills was to reach the topic to my friend or to myself. This method helped me in a way where telling the concept out loud and in my own words derived from my own understanding helped me get through the topic This method also tested my knowledge of different concepts and I was able to figure out the topics I was through with and the ones I had to put more effort into

Leading a healthy lifestyle This is definitely one of the most important pieces of advice one should follow **Leading a healthy lifestyle can promote a better mental state which is crucial for studying effectively.**

Sleeping on time is a lot easier said than done, but following this advice is not impossible. Having an 8-hour long nap can not only make you feel refreshed but also give you the energy to take on the problems that you face, one of them might as well be the myriad of books left to study or the plethora of assignments on your to-do list!

Eating healthy is good for your body and it keeps you energized to learn more.

And lastly, exercising. Exercising and playing games can help relieve your stress, and clear out your mind which in turn, does wonders for your concentration

I hope you take and put into use the advice presented here. It has truly helped me achieve a multitude of my goals and I hope it helps you do the same!



Poetry CORNER

My Tablemates at the Dining Hall

I wonder how we all met at a certain table.

I whispered to the table, "Are these the friends of my life, whom I am destined to meet?"

It smiled at me,

It was a simple thing, long ago.

We had fun and talked a lot,

Everyone thought we were the noisiest ones!

We all tiptoed around each other in times of happiness, sorrow, victories, and defeats.

Making memories in every moment of our journey here.

Now we all believe we were destined to meet at this table,

And nothing can break us apart.

~ SAHASRA SAI ASHRITHA (PYP 5 A)

My Table

Oh, what a joyous table I have
And what good friends I got to
have my back

Sometimes my tablemates are
annoying

And sometimes they're helping
Every night, I hit the sack and
am grateful for the lovely
tablemates I've got.

~ JOHAN MATHEW SHAREEN (PYP 5 A)

MYP: Personal Projects - Statements and Exhibition



As I grew up, the process of transforming a raw fabric into an artistry, which is called a garment, became my passion, self-expression, and exploration, and this interest landed me in making my personal project, which is to make a one-of-a-kind garment that acts as a vivid canvas for showcasing my personality and culture. My product also embraces the concept of upcycling by transforming my old clothes into my desired product.

-Hiyaa-7804

Our opinions and beliefs are never truly our own; they are always influenced by one factor or another. My personal project was to write a research paper to investigate the influence of a religious group on the opinions of its followers. I have always been intrigued by what it is that shapes the way people think and perceive the world around them. So I used this opportunity to investigate the same and the results were truly fascinating.

-Kyna-6746



"Embracing the allure of South Indian beauty, my MYP personal project delves into formulating my own cosmetics infused with inspiration from traditional beauty practices. Through extensive research and experimentation, I will explore the use of natural ingredients like turmeric, saffron, and coconut oil, following the time-honored methods of Ayurveda. By documenting my process and outcomes, I aim to celebrate and share the holistic approach to skincare rooted in the rich heritage of South India."

-Advika-7442

MYP: Personal Projects - Statements and Exhibition

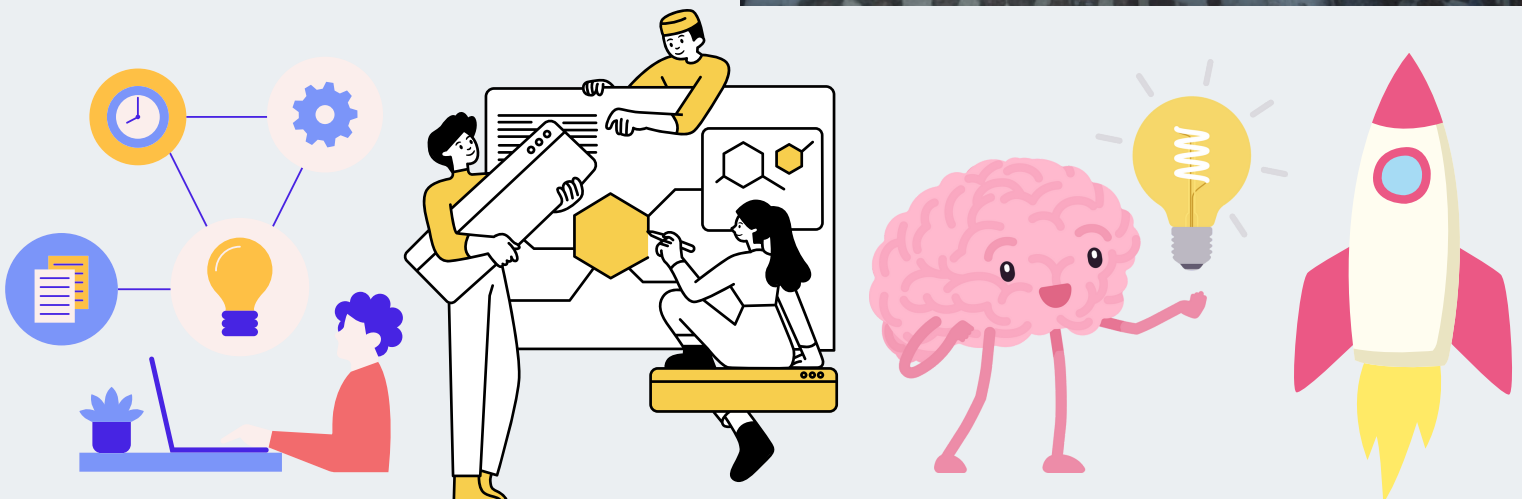


The fear of monotony drives me to be more creative with every endeavor I embark on. As I had become used to traditional art mediums, I decided that the personal project would be the best opportunity to explore a new medium : digital art. Combining my interest in digital art and cryptocurrency, I decided to make 20 NFTs of my own. It was quite difficult to get accustomed to not having a paper under my hand, but the results turned out to be aesthetically pleasing and equally, if not more meaningful. Throughout the process, I also constantly questioned myself as to what art exactly is and how the viewer can relate to or find meaning in my work.

- 7561 Rajvvir

“I found I could say things with colour and shapes that I couldn't say any other way—things I had no words for.” -Georgia O'Keette. Art is a way of expressing oneself and I have been doing this for a very long time. Embracing a new type of art form, I have done my personal project on “Relief Art.”. It has been a great task for me to learn a new art form in a very short period of time. I explored many different tools in art and working with carvings was a tough job. I aimed to learn a new form of art and use it effectively.

-Aditi-7422



EVENT SCHEDULE



NOV

1-9

WED-THURSDAY

I.S Basketball (U-14 Boys)
I.S Basketball (U-17 Boys)
I.S Singing (Solo-Group)
I.S Basketball (U-19 Boys))
Yoga Championship
Pykara
I.S Basketball (Girls)

NOV

9-16

THURS - MONDAY

I.S Debate and Quiz
Diwali Break!!

NOV

15-21

WED-TUESDAY

I.S Hockey (Girls)
I.S Elocution
School Assembly
MAP Test
I.S Debate (Upto XI Grade)

NOV

22TH-29TH

WED-WEDNESDAY

Pykara
I.S Hockey (Boys)
I.S Joint Carol Service
I.S Extempore Competition (HS
and HSS)
MS Drama
GSMUN

SEE YOU IN DECEMBER!

